

## 2015 BK5k 1KM (4 &amp; younger)

## Overall Finish List

June 20, 2015

Results By Winona Nordic WinonaTiming.weebly.com

## Female Finishers

Place	Name	City	Bib No	Age	Total Time	Time Back	Total Pace
1	sophia erickson	lewiston MN	462	4	5:04.5		5:04/K
2	Lauren Heltemes	Winona MN	484	4	5:09.5	0:04.9	5:09/K
3	Jasmine Blom	Winona MN	438	4	5:21.5	0:16.9	5:21/K
4	Chloe Bronk	Winona MN	445	4	6:00.7	0:56.1	6:00/K
5	Claire Johnson	Winona MN	495	4	6:16.4	1:11.8	6:16/K
6	Eva Matousek	Winona MN	524	4	6:19.4	1:14.9	6:19/K
7	Lindsey Auth	Fountain City WI	427	4	6:32.9	1:28.4	6:32/K
8	Jenna Blom	Winona MN	439	4	6:35.5	1:30.9	6:35/K
9	Emma Marsolek	Winona MN	522	4	6:44.8	1:40.2	6:44/K
10	Eleanor Madsen	Winona MN	519	3	7:00.4	1:55.8	7:00/K
11	Jada Henderson		486	4	7:01.5	1:56.9	7:01/K
12	Kaitlyn Bussian	Minnesota City MN	452	3	7:34.4	2:29.8	7:34/K
13	Hazel Mihm	Winona MN	424	4	7:39.6	2:35.0	7:39/K
14	Lauren Spiten	Winona MN	620	3	8:37.5	3:32.9	8:37/K
15	Alexis Stoltman	Winona MN	596	3	9:30.3	4:25.7	9:30/K
16	Lila Slaggie		546	3	9:40.5	4:35.9	9:40/K
17	Peyton Biesanz	Winona MN	436	2	9:48.7	4:44.1	9:48/K
18	Lucy Schwein	Minnnetonka MN	545	3	9:59.7	4:55.2	9:59/K
19	Clara King	Winona MN	500	3	10:11.3	5:06.7	10:11/K
20	Alarice Schroeder	La crescent MN	544	1	13:08.6	8:04.1	13:08/K

## Male Finishers

Place	Name	City	Bib No	Age	Total Time	Time Back	Total Pace
1	Evan Renaghan	Eau Claire WI	537	4	5:37.5		5:37/K
2	Benjamin Haas	Winona MN	475	4	5:40.3	0:02.8	5:40/K
3	Owen Suffrins	Winona MN	559	4	5:47.7	0:10.2	5:47/K
4	Alex Brenengen	Winona MN	735	4	5:51.5	0:14.0	5:51/K
5	Mason Sula	Winona MN	560	4	6:17.6	0:40.0	6:17/K
6	Michael Hill	Winona MN	489	3	6:21.5	0:44.0	6:21/K
7	Cooper Bronk	Winona MN	446	4	6:22.3	0:44.7	6:22/K
8	Gavin Slavey	Winona MN	547	4	6:59.4	1:21.8	6:59/K
9	Benny Kimber		691	4	7:02.6	1:25.1	7:02/K
10	Conner W	Winona MN	574	3	7:03.6	1:26.0	7:03/K
11	Audric Gotz		470	4	7:04.3	1:26.7	7:04/K
12	Wyatt Hazelton	Rollingstone MN	482	4	8:27.7	2:50.1	8:27/K
13	Maxwell Buege	Winona MN	449	3	8:41.3	3:03.8	8:41/K
14	Oliver Lewis	Eagan MN	514	2	9:14.3	3:36.7	9:14/K
15	Cory Kotsmith	Winona MN	504	3	9:34.8	3:57.2	9:34/K
16	Garrett Bork	Trempealeau WI	617	3	9:53.2	4:15.6	9:53/K
17	Cameron Mueller		529	3	10:04.6	4:27.1	10:04/K
18	Logan Krings	Winona MN	507	2	10:20.6	4:43.1	10:20/K
19	Quinn Bicknese	Stewartville MN	434	3	10:41.9	5:04.4	10:41/K
20	Walker Woodward	Winona MN	618	2	11:19.4	5:41.8	11:19/K

## 2015 BK5k 1KM (5-6)

## Overall Finish List

June 20, 2015

Results By Winona Nordic WinonaTiming.weebly.com

## Female Finishers

Place	Name	City	Bib No	Age	Total Time	Time Back	Total Pace
1	Kyla Gotzinger	Fountain City WI	471	5	4:56.1		4:56/K
2	Lilyanne Zeller		584	6	5:21.7	0:25.6	5:21/K
3	Miranda Thill	Rollingstone MN	562	6	5:24.2	0:28.1	5:24/K
4	Lorelei Macon	Winona MN	518	5	5:26.2	0:30.1	5:26/K
5	Julia Johnson	Winona MN	496	6	5:34.1	0:38.0	5:34/K
6	Molly Kotsmith	Winona MN	506	6	5:44.7	0:48.6	5:44/K
7	Ava Amann		423	6	5:45.6	0:49.5	5:45/K
8	Sophia Gricius	Winona MN	473	5	6:03.2	1:07.1	6:03/K
9	Lily Biesanz	Winona MN	435	5	6:05.3	1:09.2	6:05/K
10	Halle Bublitz	Minnesota City MN	447	5	6:18.9	1:22.8	6:18/K
11	Parisa Vafaei	Winona MN	565	5	6:21.5	1:25.4	6:21/K
12	Kaia Bicknese	Stewartville MN	433	5	6:40.5	1:44.4	6:40/K
13	Marisa Oberg	St. Charles MN	532	6	7:04.7	2:08.6	7:04/K
14	Paige Gordon	Rollingstone MN	469	5	7:59.5	3:03.4	7:59/K

## Male Finishers

Place	Name	City	Bib No	Age	Total Time	Time Back	Total Pace
1	Jacob Yender	Minnesota City MN	582	6	4:11.2		4:11/K
2	Deacon Kelner	Minnesota City MN	499	6	4:11.3	0:00.0	4:11/K
3	Blake Herber	Winona MN	487	6	4:36.9	0:25.6	4:36/K
4	Gavin Clemons	Winona MN	457	6	4:51.4	0:40.1	4:51/K
5	Justin Lande	Altura MN	510	6	4:52.4	0:41.1	4:52/K
6	Bennette Bartlam	Winona MN	588	6	4:57.5	0:46.2	4:57/K
7	Harley Hazelton	Rollingstone MN	481	6	5:01.2	0:49.9	5:01/K
8	Macoy Koltner	Winona MN	613	6	5:03.3	0:52.0	5:03/K
9	Donny Baures	Fountain City WI	693	6	5:09.7	0:58.4	5:09/K
10	Kyle Keller	Winona MN	497	5	5:10.4	0:59.1	5:10/K
11	Trevin Sublett	Rushford MN	556	6	5:10.9	0:59.6	5:10/K
12	Cordel Ruppert	Winona MN	542	6	5:22.5	1:11.2	5:22/K
13	Devin Korder	Winona MN	503	5	5:23.4	1:12.1	5:23/K
14	Van Voelker	Robbinsdale MN	573	6	5:27.4	1:16.1	5:27/K
15	Alex Suffrins	Winona MN	557	6	5:28.3	1:17.1	5:28/K
16	Teagen Berzinski	Winona MN	431	6	5:31.3	1:20.1	5:31/K
17	Matthew Haas	Winona MN	476	6	5:32.7	1:21.4	5:32/K
18	Evan Jacobs		494	6	5:43.2	1:31.9	5:43/K
19	Carter Bronk	Winona MN	444	6	5:58.2	1:46.9	5:58/K
20	Zachary Wempner	Winona MN	577	6	6:01.8	1:50.5	6:01/K
21	Henry Madsen	Winona MN	520	6	6:04.5	1:53.2	6:04/K
22	Connor Fremstad	Winona MN	467	6	6:05.2	1:54.0	6:05/K
23	Ryan Yender	Minnesota City MN	583	6	6:22.9	2:11.6	6:22/K
24	James Hale	Stewartville MN	478	6	6:27.4	2:16.1	6:27/K
25	Benjamin Hansen	Chicago IL	597	5	6:53.7	2:42.5	6:53/K
26	Jackson Leger	Goodview MN	512	5	7:01.5	2:50.2	7:01/K
27	Rodney Knutson		501	6	7:05.7	2:54.4	7:05/K

## 2015 BK5k 1KM (7-8)

## Overall Finish List

June 20, 2015

Results By Winona Nordic WinonaTiming.weebly.com

## Female Finishers

Place	Name	City	Bib No	Age	Total Time	Time Back	Total Pace
1	Mila Beitz	Minneapolis MN	593	8	3:58.7		3:58/K
2	Abby Williams	Winona MN	578	7	4:03.7	0:05.0	4:03/K
3	DELANEY VAUGHN	WINONA MN	571	8	4:10.7	0:12.0	4:10/K
4	Grace Nelson	Winona MN	530	8	4:20.4	0:21.7	4:20/K
5	Natalie Buege	Lewiston MN	450	8	4:26.9	0:28.2	4:26/K
6	Kyra Kotsmith	Winona MN	505	8	4:28.3	0:29.5	4:28/K
7	Charlotte Bartlam	Winona MN	589	7	4:37.2	0:38.4	4:37/K
8	Autumn Suffrins	Winona MN	558	7	4:43.5	0:44.7	4:43/K
9	Savannah Bell	Winona MN	429	7	4:46.3	0:47.6	4:46/K
10	Jillian Macon	Winona MN	517	8	4:47.4	0:48.7	4:47/K
11	Morgan Tye	Minnesota City MN	619	7	4:51.1	0:52.4	4:51/K
12	Myla Voelker	Robbinsdale MN	572	8	4:54.2	0:55.4	4:54/K
13	Mikayla Hill	Winona MN	490	7	5:04.4	1:05.6	5:04/K
14	Arabella Berzinski	Winona MN	430	8	5:16.7	1:17.9	5:16/K
15	Avery Foss	Minnesota City MN	466	7	5:20.7	1:22.0	5:20/K
16	Nathanael Haas	Winona MN	477	8	5:27.5	1:28.8	5:27/K
17	Vivian Kimber		692	7	5:28.7	1:30.0	5:28/K
18	Hailey Stoltman	Winona MN	595	8	5:29.9	1:31.2	5:29/K
19	Erica Ruppert	Winona MN	543	8	5:36.7	1:38.0	5:36/K
20	Aliya Gricius	Winona MN	585	7	5:37.7	1:39.0	5:37/K
21	Kaitlyn W	Winona MN	575	8	5:46.2	1:47.4	5:46/K
22	Nora Leger	Goodview MN	513	7	7:50.7	3:52.0	7:50/K

## Male Finishers

Place	Name	City	Bib No	Age	Total Time	Time Back	Total Pace
1	Logan Granseth	Winona MN	472	7	3:45.5		3:45/K
2	Damian Smith	Rochester MN	548	8	3:56.7	0:11.2	3:56/K
3	Andrew Heltemes	Winona MN	483	8	3:58.3	0:12.8	3:58/K
4	Landon Milhm	Rochester MN	592	7	3:59.2	0:13.7	3:59/K
5	Ben Burns	Winona MN	451	7	4:05.9	0:20.4	4:05/K
6	Eric Pampuch	Winona MN	534	8	4:10.2	0:24.6	4:10/K
7	Hamilton Brewer	Winona MN	443	7	4:14.9	0:29.4	4:14/K
8	CONNER VAUGHN	WINONA MN	570	7	4:19.2	0:33.7	4:19/K
9	Ethan Blom	Winona MN	437	8	4:26.3	0:40.8	4:26/K
10	Westley Barnard	Winona MN	428	7	4:34.7	0:49.2	4:34/K
11	Rylan Marish		521	7	4:35.1	0:49.6	4:35/K
12	Lucas Heltemes	Winona MN	485	8	4:45.5	1:00.0	4:45/K
13	Colin Lande	Altura MN	509	8	4:47.4	1:01.9	4:47/K
14	Caiden Brady	Trempealeau WI	441	7	4:50.9	1:05.4	4:50/K
15	Aiden Auth	Fountain City WI	426	7	5:13.6	1:28.1	5:13/K
16	Carson Korder	Winona MN	502	8	5:16.9	1:31.3	5:16/K
17	owen menting	winona MN	527	7	5:17.2	1:31.7	5:17/K
18	Julian Sublett	Rushford MN	555	8	5:17.9	1:32.4	5:17/K
19	Christopher Oberg	St. Charles MN	531	8	6:40.7	2:55.2	6:40/K

20 Sam Matousek Winona MN 525 7 7:31.7 3:46.1 7:31/K

2015 BK5k 1KM (9-10)

Overall Finish List

June 20, 2015

Results By Winona Nordic [WinonaTiming.weebly.com](http://WinonaTiming.weebly.com)

Female Finishers

Place	Name	City	Bib No	Age	Total Time	Time Back	Total Pace
1	Grace Bartlam	Winona MN	590	9	3:53.1		3:53/K
2	Ursula Beitz	Minneapolis MN	594	10	3:56.6	0:03.4	3:56/K
3	Lilianna Herber	Winona MN	488	9	4:00.7	0:07.5	4:00/K
4	Tegan Rodgers	Rollingstone MN	539	9	4:00.7	0:07.5	4:00/K
5	Miranda Lindaman	Winona MN	515	9	4:27.5	0:34.3	4:27/K
6	Marin Keller	w MN	498	9	4:28.2	0:35.1	4:28/K
7	Faith Lorenz	Winona MN	516	9	4:49.1	0:56.0	4:49/K
8	Nicole Tye	Minnesota City MN	563	10	5:06.3	1:13.2	5:06/K
9	Hailey Yender	Minnesota City MN	581	9	5:09.2	1:16.1	5:09/K
10	Brie menting	winona MN	526	10	5:58.5	2:05.3	5:58/K

Male Finishers

Place	Name	City	Bib No	Age	Total Time	Time Back	Total Pace
1	Rory Briggs	Winona MN	616	10	3:31.7		3:31/K
2	Brenden Brady	Trempealeau WI	440	10	3:39.9	0:08.2	3:39/K
3	Jon Besek	Winona MN	432	10	3:44.5	0:12.7	3:44/K
4	Evan Bucknam	Winona MN	448	9	4:00.5	0:28.7	4:00/K
5	Avery LaBare	Minnesota City MN	508	10	4:14.2	0:42.4	4:14/K
6	Hazen Stangl	Winona MN	550	9	5:04.7	1:32.9	5:04/K
7	Jack Gervais	Winona MN	614	3	29:08.7	25:37.0	29:08/K

**2015 BK5k BK5k**

Age Group Results

June 20, 2015

Results By Winona Nordic WinonaTiming.weebly.com

## Female 10 and Under

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Jessica Beguin	Winona MN	9	97	24:23.6		4:53/K
2	Abby Williams	Winona MN	8	146	27:01.9	2:38.2	5:24/K
3	Amy Remoticado	Winona MN	9	184	29:16.6	4:52.9	5:51/K
4	Aliya Gricius	Winona MN	7	267	36:26.6	12:02.9	7:17/K
5	Sarah Gladowski	Minnesota City MN	9	273	37:35.3	13:11.6	7:31/K
6	Brielle Adams	WABASHA MI	8	286	39:21.1	14:57.4	7:52/K
7	Maya Koehler	Minnesota City MN	8	292	39:34.6	15:10.9	7:55/K
8	Claire Heiring	Winona MN	8	324	43:22.5	18:58.8	8:40/K
9	Kaili Hager	Cochrane WI	9	334	45:03.1	20:39.5	9:01/K
10	Sophie Gricius	Winona MN	5	348	49:30.7	25:07.0	9:54/K
11	Nora Leger	Goodview MN	7	352	49:53.7	25:30.0	9:59/K

## Female 11 to 12

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Emily Beguin	Winona MN	12	55	21:39.0	4:10.6	4:20/K
2	Aubrey Williams	Winona MN	12	63	22:09.1	4:40.8	4:26/K
3	Ellie Glodowski	Minnesota City MN	11	99	24:29.4	7:01.0	4:54/K
4	Julia Kronebusch	Winona MN	12	143	26:57.4	9:29.0	5:23/K
5	Maile Gotzinger	Fountain City WI	11	179	28:50.2	11:21.9	5:46/K
6	Carolyn Macon	Winona MN	11	208	31:02.4	13:34.1	6:12/K
7	Anna Daood	St Charles MN	11	221	32:01.6	14:33.3	6:24/K
8	Kirsten Cranor	Minnesota City MN	12	255	35:04.5	17:36.2	7:01/K
9	Sarah Blank	Clive IA	11	282	38:35.9	21:07.6	7:43/K
10	Maia Fries	Wabasha MN	12	285	39:20.9	21:52.5	7:52/K
11	Taylynn Herber	Winona MN	11	374	54:20.2	36:51.8	10:52/K

## Female 13 to 14

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Dana Feyen	Trempealeau WI	14	14	18:40.4		3:44/K
2	Emma Bucknam	Winona MN	13	62	22:00.3	3:19.9	4:24/K
3	Halle Remlinger	Winona MN	14	149	27:09.9	8:29.5	5:26/K
4	Leah Hager	Cochrane WI	13	211	31:15.1	12:34.7	6:15/K
5	Kaitlin Celius	Winona MN	13	364	52:19.6	33:39.2	10:28/K

## Female 15 to 16

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Anna Rumpca	Fountain City WI	16	150	27:13.4		5:27/K
2	Karen Scharlau	fountain city WI	15	151	27:13.6	0:00.1	5:27/K
3	Katrina Drussel	Winona MN	15	281	38:33.9	11:20.4	7:43/K
4	Jenna Wilbright	Winona MN	15	326	43:25.8	16:12.3	8:41/K

Female 17 to 18

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Nicole Primus	Goodview MN	18	351	49:53.6		9:59/K
2	Ashtyn Walmsley	Onalaska WI	17	363	52:14.9	2:21.2	10:27/K

Female 19 to 29

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Jessica Young	Winona MN	22	12	18:33.1	1:30.2	3:43/K
2	Maureen Keane	Minneapolis MN	26	13	18:35.9	1:33.0	3:43/K
3	Cherie Johnson	Winona MN	28	15	18:41.1	1:38.2	3:44/K
4	Sarah Huerta	Winona MN	26	16	18:57.8	1:54.9	3:47/K
5	Stacy Hill	Winona MN	29	51	21:24.6	4:21.7	4:17/K
6	Emily DeWitt	Winona MN	25	93	24:03.3	7:00.5	4:49/K
7	Danielle Wingert	Wabasha MN	24	112	25:18.5	8:15.6	5:04/K
8	Bailei Hughes	Winona MN	19	126	26:02.2	8:59.3	5:12/K
9	Jenna Compton	Owatonna MN	28	137	26:43.9	9:41.0	5:21/K
10	Tess Rybar	Apple Valley MN	21	160	27:52.7	10:49.9	5:34/K
11	Chelsea Ziegler	Trempealeau WI	22	170	28:21.8	11:18.9	5:40/K
12	Reagan Johnson	Randolph WI	19	172	28:34.2	11:31.4	5:43/K
13	Lindsey Fremstad	Winona MN	28	177	28:44.4	11:41.5	5:45/K
14	Kathleen Donovan	Winona MN	27	182	29:07.1	12:04.2	5:49/K
15	Emily Brekke	Winona MN	25	185	29:26.1	12:23.2	5:53/K
16	Mandie Kaiser	WINONA MN	20	189	29:48.1	12:45.2	5:58/K
17	Maggie McDermott	Winona MN	26	195	30:15.9	13:13.0	6:03/K
18	Britta Nelson	Winona MN	22	198	30:23.5	13:20.6	6:05/K
19	Samantha Luhmann	La Crosse WI	24	200	30:29.8	13:27.0	6:06/K
20	Britta Berzinski	Goodview MN	28	201	30:30.6	13:27.7	6:06/K
21	Amanda Job	Winona MN	29	209	31:08.8	14:05.9	6:14/K
22	Emily Skaja	Winona MN	23	218	31:32.2	14:29.3	6:18/K
23	Joana Beyer	WINONA MN	20	236	33:43.1	16:40.2	6:45/K
24	Dana Krings	Winona MN	29	243	34:11.1	17:08.2	6:50/K
25	Kati Stoltman	Winona MN	26	258	35:24.2	18:21.3	7:05/K
26	Coral Brevig	Altura MN	29	259	35:36.9	18:34.0	7:07/K
27	Parbati Sanjel	Winona MN	26	265	36:04.5	19:01.6	7:13/K
28	Stephanie Ehlers	De Forest WI	27	270	36:49.8	19:46.9	7:22/K
29	Elyse O'Flaherty	Winona MN	29	310	41:15.9	24:13.0	8:15/K
30	Veronica Colletti	Winona MN	22	318	42:18.8	25:15.9	8:28/K
31	Libby Thiss	Winona MN	21	319	42:23.1	25:20.2	8:29/K
32	Jamie Meidl	Onalaska WI	27	320	42:52.6	25:49.8	8:34/K
33	Shraddha Bista	Winona MN	26	343	47:46.4	30:43.5	9:33/K
34	Kelly Schmidtknecht	Fountain City WI	27	349	49:37.4	32:34.5	9:55/K
35	Ellie Cenfield	Winona MN	26	353	50:03.9	33:01.0	10:01/K
36	Rebecca Spitzer	Winona MN	22	365	52:32.6	35:29.7	10:30/K
37	Katherine Schwantes	Winona MN	23	372	54:01.6	36:58.7	10:48/K
38	Ruth Senum	Winona MN	27	381	55:21.8	38:18.9	11:04/K

Female 30 to 34

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Katie Baures	Rochester MN	33	53	21:29.3		4:18/K

2	Amblyn Reisetter	Winona MN	32	78	23:10.7	1:41.3	4:38/K
3	Mandy Scow	Trempealeau WI	32	95	24:15.6	2:46.2	4:51/K
4	Jenny Baertsch	Winona MN	32	103	24:48.6	3:19.2	4:58/K
5	Alissa Gibson	Winona MN	34	110	25:13.6	3:44.2	5:03/K
6	Michelle Schammel	Winona MN	32	111	25:18.3	3:48.9	5:04/K
7	Emily Hynek	West Salem WI	31	127	26:02.6	4:33.2	5:12/K
8	Teresa Marteet	Winona MN	34	129	26:09.5	4:40.1	5:14/K
9	Tanya Berzinski	Winona MN	32	141	26:47.4	5:18.0	5:21/K
10	Alyssa Quaintance	Griffith IN	33	193	30:10.8	8:41.4	6:02/K
11	Amy Koch	Winona MN	31	199	30:23.7	8:54.3	6:05/K
12	laura slavey	winona MN	32	203	30:39.2	9:09.9	6:08/K
13	Abbey England	West Salem WI	32	215	31:21.3	9:51.9	6:16/K
14	Nicole Padgett	Owatonna MN	34	239	33:48.8	12:19.4	6:46/K
15	Jolene Tuchek	Waseca MN	34	244	34:20.3	12:50.9	6:52/K
16	Sarah Burbach	Winona MN	30	254	34:39.6	13:10.2	6:56/K
17	Briana Bicknese	Stewartville MN	32	268	36:31.6	15:02.2	7:18/K
18	Megan Lentner	Winona MN	31	276	38:03.1	16:33.7	7:37/K
19	Trista Mann	Buffalo City WI	30	277	38:10.6	16:41.2	7:38/K
20	Emily Adams	WABASHA MI	34	287	39:21.5	17:52.1	7:52/K
21	maricel goodroad	winona MN	32	295	39:45.4	18:16.0	7:57/K
22	Ginny Virock	Winona MN	31	300	40:05.1	18:35.7	8:01/K
23	Alisha Cashman	Minnesota City MN	31	301	40:06.7	18:37.3	8:01/K
24	Jaime Jirele	Winona MN	31	304	40:14.5	18:45.1	8:03/K
25	Metta Kuehntopp	Minnesota City MN	31	313	41:41.9	20:12.5	8:20/K
26	Mandy menting	winona MN	30	332	44:43.7	23:14.3	8:57/K
27	Megan Mueller	Winona MN	32	333	44:44.6	23:15.3	8:57/K
28	Julia Cisewski	Winona MN	30	340	46:51.3	25:22.0	9:22/K
29	Suzie DuCett	Winona MN	34	346	48:08.6	26:39.2	9:38/K
30	Stacey Prieur	Winona MN	32	350	49:37.7	28:08.3	9:55/K
31	Caroline Vruwink	Onalaska WI	33	356	50:18.6	28:49.2	10:04/K
32	Tricia Wing	Lewiston MN	31	378	55:05.7	33:36.3	11:01/K
33	Melinda Hostetler	Houston MN	32	384	57:49.5	36:20.2	11:34/K

Female 35 to 39

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Sue Mueller	Winona MN	39	70	22:45.6		4:33/K
2	Lori Garlock	Winona MN	39	80	23:21.6	0:36.0	4:40/K
3	Anne O'laughlin	Winona MN	35	96	24:15.8	1:30.2	4:51/K
4	Meredith Mihm	Winona MN	37	104	24:52.5	2:06.9	4:58/K
5	Tara Mayberry	Onalaska WI	36	120	25:37.5	2:51.9	5:07/K
6	Kari Remlinger	Winona MN	38	148	27:09.6	4:24.0	5:26/K
7	Anne Besek	Winona MN	39	159	27:50.9	5:05.3	5:34/K
8	Michelle Keller	Winona MN	36	164	28:00.5	5:14.9	5:36/K
9	Amy Repinski	Winona MN	38	173	28:40.1	5:54.5	5:44/K
10	Meridee Brown	Lewiston MN	38	183	29:11.5	6:25.9	5:50/K
11	Alison Heltemes	Winona MN	39	214	31:18.4	8:32.8	6:16/K
12	Laura Madsen	Fountain City WI	39	231	33:05.2	10:19.6	6:37/K
13	Brenda Ebertowski	Trempealeau WI	38	235	33:35.6	10:50.0	6:43/K
14	Jen Huemoeller	Big Lake MN	35	260	35:44.1	12:58.5	7:09/K
15	Christina Foss	Minnesota City MN	37	278	38:10.9	15:25.3	7:38/K
16	Aleisha Leger	Goodview MN	37	291	39:34.4	16:48.8	7:55/K



17	Carissa Koehler	Minnesota City MN	37	293	39:34.6	16:49.0	7:55/K
18	Carmen Carter	Winona MN	35	296	39:45.4	16:59.8	7:57/K
19	Jenni Hovell	Rushford Village MN	36	298	39:46.9	17:01.3	7:57/K
20	Staci Gricius	Winona MN	35	308	41:11.6	18:26.0	8:14/K
21	Kelly Smith	Rochester MN	38	309	41:14.4	18:28.8	8:15/K
22	Hannah Cisewski	Winona MN	35	317	42:07.1	19:21.5	8:25/K
23	Patricia Durnen	Winona MN	38	321	43:03.4	20:17.8	8:37/K
24	April Heiring	Winona MN	39	323	43:21.3	20:35.7	8:40/K
25	Suzie Rivers	Winona MN	37	345	48:06.9	25:21.3	9:37/K
26	Karen Kistler	Winona MN	37	367	52:34.2	29:48.6	10:31/K
27	Kristel Celius	Winona MN	37	370	52:59.9	30:14.3	10:36/K
28	Aimee Schmidt	Dakota MN	38	376	54:46.2	32:00.6	10:57/K

Female 40 to 44

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Camie Hughes	Winona MN	42	88	23:45.8		4:45/K
2	Heather Bartlam	Winona MN	40	134	26:32.9	2:47.0	5:18/K
3	Alyssa Yang	Onalaska WI	42	138	26:46.2	3:00.3	5:21/K
4	Megan Boyum	Saint Charles MN	41	144	26:59.9	3:14.0	5:24/K
5	Mandy Weilandt	MN City MN	42	145	27:00.9	3:15.0	5:24/K
6	Shelly Grafton	Minnesota City MN	43	163	27:59.6	4:13.7	5:36/K
7	Katie Shrake	Chicago IL	40	190	29:50.1	6:04.2	5:58/K
8	Kelly Ellinghuysen	Winona MN	40	202	30:31.9	6:46.0	6:06/K
9	Maggie Modjeski	Winona MN	41	204	30:39.5	6:53.6	6:08/K
10	Tricia Bublitz	minnesota city MN	42	207	30:56.7	7:10.8	6:11/K
11	Susie Loechler	Winona MN	42	220	31:55.1	8:09.2	6:23/K
12	Amy Gotzinger	Lancaster WI	40	241	33:56.6	10:10.7	6:47/K
13	Tanya Yender	Minnesota City MN	41	250	34:32.1	10:46.2	6:54/K
14	jessica zenke	winona MN	43	253	34:39.5	10:53.6	6:56/K
15	Amy M	Winona MN	40	257	35:18.7	11:32.8	7:04/K
16	Robyn Comero	Winona MN	43	299	39:47.9	16:02.0	7:57/K
17	Kathy Hager	Cochrane WI	43	335	45:04.2	21:18.3	9:01/K
18	Renee Rumpca	Fountain City WI	41	338	45:56.4	22:10.5	9:11/K
19	Heather Walmsley	Onalaska WI	41	339	46:07.7	22:21.8	9:13/K
20	Shannon Gotzinger	Fountain City WI	40	342	47:21.2	23:35.3	9:28/K

Female 45 to 49

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Linda Williams	Winona MN	48	35	20:37.5		4:07/K
2	Linda OddyWhyte	Winona MN	47	107	24:59.2	4:21.7	5:00/K
3	Lonna Simanovski	Winona MN	47	117	25:32.1	4:54.6	5:06/K
4	Polly Greden	Altura MN	45	135	26:36.2	5:58.7	5:19/K
5	Holly Fratzke	Winona MN	45	140	26:46.6	6:09.1	5:21/K
6	Buffy Beranek	Winona MN	45	154	27:35.4	6:57.8	5:31/K
7	Patty Omoth	Winona MN	47	158	27:50.7	7:13.2	5:34/K
8	Wendy Munson	Marina del Rey CA	45	205	30:44.5	10:07.0	6:09/K
9	Katie Dempsey	Winona MN	49	216	31:23.5	10:46.0	6:17/K
10	LAURIE LASKA	WINONA MN	46	222	32:06.6	11:29.1	6:25/K
11	Barb Matousek	Winona MN	48	223	32:08.7	11:31.1	6:26/K
12	Jino Stoner	Winona MN	45	229	32:46.9	12:09.3	6:33/K

13	Paula BEYER	WINONA MN	48	237	33:43.1	13:05.6	6:45/K
14	Becky Glodowski	Minnesota City MN	46	274	37:35.6	16:58.1	7:31/K
15	Valerie Johnson	Randolph WI	46	279	38:24.8	17:47.2	7:41/K
16	Tricia Klosky	Winona MN	47	288	39:22.9	18:45.3	7:52/K
17	Sarah Fries	Wabasha MN	45	302	40:08.6	19:31.0	8:02/K
18	Paula Ziegler	Trempealeau WI	48	315	41:52.6	21:15.0	8:22/K
19	Michelle Nelson	Winona MN	47	337	45:45.4	25:07.9	9:09/K
20	Elaine Stika	Cresco IA	46	375	54:45.6	34:08.0	10:57/K

Female 50 to 54

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Roxanne Ready	Winona MN	52	52	21:28.5		4:18/K
2	Carol Speltz	Minnesota City MN	53	90	23:51.8	2:23.2	4:46/K
3	Geri Quinlan	Winona MN	53	114	25:20.6	3:52.0	5:04/K
4	Lynda Miner	Winona MN	50	123	25:55.2	4:26.6	5:11/K
5	Pat Malotka	Winona MN	51	168	28:14.7	6:46.1	5:39/K
6	susan West	Lakeville MN	52	227	32:34.4	11:05.8	6:31/K
7	Karen Arnold	San Jose CA	53	246	34:25.3	12:56.7	6:53/K
8	Mary Malmin	Winona MN	53	280	38:32.4	17:03.8	7:42/K
9	Heather Stilborn	Clive IA	52	283	38:36.9	17:08.3	7:43/K
10	Susan Boots	Winona MN	50	290	39:26.6	17:58.1	7:53/K
11	Sandy Randall	Utica MN	50	314	41:47.4	20:18.8	8:21/K
12	Deanne Gertner	Fort Lauderdale FL	52	355	50:09.8	28:41.2	10:02/K
13	Mary Spitzer	Winon MN	52	366	52:32.9	31:04.3	10:30/K

Female 55 to 59

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Becky Soranno	Winona MN	55	187	29:38.6		5:56/K
2	Kristie Jacobson	St. Charles MN	57	261	35:49.6	6:10.9	7:10/K
3	Emma Wade	Winona MN	56	269	36:45.9	7:07.2	7:21/K
4	Jennifer Schewe	Winona MN	56	297	39:46.3	10:07.6	7:57/K
5	Linda Brunkow	Nelson WI	57	330	44:28.4	14:49.7	8:54/K
6	Kathy Woychik	Independence WI	56	331	44:32.1	14:53.5	8:54/K
7	Cathy Fonstad	Holmen WI	59	336	45:07.9	15:29.3	9:01/K
8	Patti Mueller	Winona MN	57	359	50:44.9	21:06.2	10:09/K
9	Alberta Rosburg	Winona MN	58	377	54:51.9	25:13.3	10:58/K
10	Ronda Hanson	Galesville WI	58	379	55:11.2	25:32.5	11:02/K

Female 60 to 69

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	nancy greden	altura MI	64	167	28:09.4		5:38/K
2	Judy Casper	Winona MN	60	180	28:58.4	0:49.0	5:48/K
3	Brenda Baylon Norg	Littleton CO	60	224	32:13.1	4:03.7	6:27/K
4	Debbie Tarjan	Homewood IL	64	233	33:29.6	5:20.2	6:42/K
5	Julene Rohrer	Cochrane WI	61	264	35:56.9	7:47.5	7:11/K
6	Paula Wegner	Bangor WI	64	275	37:59.9	9:50.5	7:36/K
7	Connie Miller	Winona MN	62	294	39:35.4	11:26.0	7:55/K
8	Carole Tomaszewski	Winona MN	65	303	40:12.2	12:02.8	8:02/K
9	Shari Jarvis	Winona MN	68	383	57:48.6	29:39.2	11:34/K

Female 70 and Over

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Carol Prescher	Wabasha MN	75	284	38:38.5		7:44/K

Male 10 and Under

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Asher Wardwell	winona MN	9	71	22:50.6		4:34/K
2	Hale Madsen	Fountain City WI	10	101	24:43.7	1:53.1	4:57/K
3	Braeden Stanislawsk	Winona MN	10	131	26:18.9	3:28.2	5:16/K
4	Kellen Groth	Winona MN	7	196	30:16.4	7:25.7	6:03/K
5	Sam Matousek	Winona MN	7	219	31:41.1	8:50.5	6:20/K
6	Oscar Fries	Wabasha MN	10	249	34:29.6	11:39.0	6:54/K
7	Carver Carver	Winona MN	10	322	43:10.3	20:19.7	8:38/K
8	Colin lande	Altura MN	8	328	44:05.5	21:14.8	8:49/K

Male 11 to 12

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Damian Jilk	Fountain City WI	11	69	22:39.8		4:32/K
2	Benjamin Brand	Winona MN	11	81	23:24.3	0:44.5	4:41/K
3	nathan stanislawski	Winona MN	11	83	23:26.3	0:46.4	4:41/K
4	Jackson Bucknam	Winona MN	11	92	24:00.3	1:20.5	4:48/K
5	Karter Domine	Fountain City WI	11	94	24:03.8	1:23.9	4:49/K
6	Lance Jumbeck	Trempealeau WI	11	106	24:54.1	2:14.2	4:59/K
7	Tyler Kronebusch	Winona MN	11	121	25:39.6	2:59.7	5:08/K
8	Wake Madsen	Fountain City WI	12	136	26:42.3	4:02.4	5:20/K
9	Gavin Nelson	Winona MN	11	169	28:19.5	5:39.7	5:40/K
10	Russell Rumpca	Fountain City WI	12	212	31:15.3	8:35.4	6:15/K
11	Nathaniel Drussell	Winona MN	11	213	31:15.9	8:36.0	6:15/K
12	Mitchell Koehler	Minnesota City MN	12	248	34:28.6	11:48.7	6:54/K
13	Sam King	Winona MN	12	361	51:55.3	29:15.4	10:23/K

Male 13 to 14

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Dylan Mitchell	La Crosse WI	13	20	19:33.8		3:55/K
2	Axel Daood	St Charles MN	14	26	20:08.6	0:34.7	4:02/K
3	Joshua Jumbeck	Trempealeau WI	14	27	20:08.8	0:34.9	4:02/K
4	Preston Halleck	Winona MN	14	32	20:29.8	0:56.0	4:06/K
5	Conrad Domine	Fountain City WI	14	38	20:52.1	1:18.2	4:10/K
6	Brett White	Macedonia OH	14	42	21:12.3	1:38.5	4:14/K
7	Baker Swenson	Winona MN	14	54	21:37.8	2:03.9	4:19/K
8	Will Modjeski	Winona MN	14	82	23:24.8	3:51.0	4:41/K
9	Andrew Hinz	Winona MN	13	133	26:29.1	6:55.3	5:18/K
10	Jeremy Rivers	Winona MN	13	305	40:35.4	21:01.5	8:07/K
11	Joey Wiczek	Winona MN	13	306	40:35.6	21:01.7	8:07/K
12	Dylan Celius	Winona MN	14	368	52:58.4	33:24.5	10:36/K

Male 15 to 16

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Chris Majerus	St Charles MN	16	10	18:19.9		3:40/K
2	Kade Steinbrecher	Holmen WI	15	17	19:05.5	0:45.6	3:49/K
3	Christian Repinski	Winona MN	15	37	20:49.2	2:29.2	4:10/K
4	Cole Schreiber	Buffalo City WI	16	43	21:13.3	2:53.4	4:15/K
5	John Pampuch	Winona MN	16	139	26:46.6	8:26.6	5:21/K
6	Conner Wing	Winona MN	15	161	27:54.8	9:34.8	5:35/K
7	Gregory Walmsley	Onalaska WI	15	192	30:02.8	11:42.8	6:00/K

#### Male 17 to 18

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Tylor Jilk	Fountain City WI	18	8	17:16.6		3:27/K
2	Adam Novak	Holmen WI	17	18	19:05.7	1:49.1	3:49/K
3	Devon Ulik	Onalaska WI	17	40	21:04.3	3:47.7	4:13/K
4	Jesse Gilbertson	Buffalo City WI	18	44	21:13.4	3:56.7	4:15/K
5	Brad Scharlau	fountain city WI	18	45	21:13.4	3:56.8	4:15/K

#### Male 19 to 29

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Eric Mueller	Winona MN	22	4	16:23.3	1:23.1	3:17/K
2	Kurt Bolstad	Winona MN	26	28	20:09.3	5:09.2	4:02/K
3	Jacob Wittenberg	Winona MN	25	29	20:21.8	5:21.6	4:04/K
4	Ethan Castello	Winona MN	24	31	20:28.5	5:28.3	4:06/K
5	Chase Hopkins	Winona MN	25	41	21:10.1	6:09.9	4:14/K
6	Jaylen Case	Winona MN	21	57	21:43.5	6:43.3	4:21/K
7	Sam Simataa	Winona MN	23	61	21:58.9	6:58.7	4:24/K
8	Adam Cloeter	Winona MN	26	65	22:23.6	7:23.4	4:29/K
9	Phillip Huerta	WINONA MN	26	66	22:28.6	7:28.4	4:30/K
10	Andy Brey	La Crosse WI	25	68	22:34.7	7:34.5	4:31/K
11	Terry Schultz	Winona MN	24	77	23:08.6	8:08.4	4:38/K
12	Jake Wanek	Winona MN	26	89	23:49.6	8:49.4	4:46/K
13	Matt Benson	Winona MN	22	105	24:53.3	9:53.1	4:59/K
14	nathan soranno	winona MN	19	147	27:06.1	12:05.9	5:25/K
15	Anuj Shrestha	Winona MN	26	178	28:45.6	13:45.4	5:45/K
16	Chris Trelstad	Winona MN	23	197	30:21.4	15:21.2	6:04/K
17	Blake Griffin	Lewiston MN	25	210	31:13.6	16:13.4	6:15/K
18	Tom Sula	Winona MN	26	217	31:24.2	16:24.0	6:17/K
19	Nick Wenzel	minnesota city MN	19	247	34:26.2	19:26.1	6:53/K
20	Kyle Haedtke	Winona MN	27	271	37:13.4	22:13.2	7:27/K
21	Jeffrey Rux	Winona MN	23	371	53:59.7	38:59.5	10:48/K
22	Tanner Herber	Winona MN	19	373	54:04.4	39:04.2	10:49/K

#### Male 30 to 34

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Graeme Cumiskey	Worthington MN	30	24	20:07.8	4:11.4	4:01/K
2	Chris Gervais	Winona MN	33	48	21:18.7	5:22.4	4:16/K
3	Jeff Erickson	Lewiston MN	31	49	21:20.8	5:24.5	4:16/K
4	Brad Berzinski	Winona MN	34	50	21:23.3	5:26.9	4:17/K

5	Mark Kotsmith	Winona MN	34	58	21:48.6	5:52.2	4:22/K
6	ALEX DABELSTEIN	Minneapolis MN	30	60	21:58.8	6:02.5	4:24/K
7	Arnel Remoticado	Winona MN	34	72	22:56.3	7:00.0	4:35/K
8	David Bonk	Winona MN	33	73	22:56.4	7:00.0	4:35/K
9	Brent Sammann	Onalaska WI	31	74	22:58.6	7:02.2	4:36/K
10	Derek Madsen	Winona MN	31	85	23:29.3	7:33.0	4:42/K
11	Mark Kennedy	Altura MN	30	102	24:48.6	8:52.2	4:58/K
12	Jeremy Miller	Winona MN	32	109	25:09.6	9:13.3	5:02/K
13	Jeremy Johnson	Hudson WI	33	156	27:37.1	11:40.8	5:31/K
14	Michael Boysen	Winona MN	32	165	28:01.3	12:04.9	5:36/K
15	SURESHKUMAR MC	GOODVIEW MN	32	166	28:07.2	12:10.9	5:37/K
16	Arpan Shrestha	Winona MN	31	186	29:27.3	13:30.9	5:53/K
17	Trevor Menting	Winona MN	34	228	32:38.6	16:42.3	6:32/K
18	Chris Rivard	Goodview MN	30	232	33:13.7	17:17.4	6:39/K
19	Nathan Green	Winona MN	31	234	33:33.2	17:36.8	6:43/K
20	Michael Padgett	Owatonna MN	34	240	33:54.8	17:58.4	6:47/K
21	kurt Rannenber	Winona MN	33	341	46:51.9	30:55.6	9:22/K
22	Pratik Singh	Winona MN	32	347	49:08.2	33:11.8	9:50/K
23	Kiran Punjabi	Winona MN	34	382	57:05.7	41:09.3	11:25/K

#### Male 35 to 39

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Ryan Ping	Winona MN	39	5	16:57.8		3:23/K
2	Lance Voelker	Robbinsdale MN	37	21	19:36.8	2:39.0	3:55/K
3	Jason Fremstad	Winona --	37	34	20:36.8	3:39.0	4:07/K
4	Nate Bauers	Rochester MN	38	36	20:48.6	3:50.7	4:10/K
5	Jeffery Ruppel	Trempealeau WI	37	98	24:26.1	7:28.2	4:53/K
6	Shawn Whetstone	Winona MN	39	113	25:20.4	8:22.5	5:04/K
7	Andy Groth	Winona MN	37	122	25:47.6	8:49.7	5:09/K
8	Chad Scow	Trempealeau WI	37	174	28:41.1	11:43.2	5:44/K
9	Peter Amann	La Crosse WI	39	176	28:43.6	11:45.8	5:45/K
10	Bryan Lande	Altura MN	36	329	44:06.1	27:08.2	8:49/K
11	Neal Huemoeller	Big Lake MN	36	357	50:19.8	33:21.9	10:04/K

#### Male 40 to 44

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Bryan Madsen	Fountain City WI	42	25	20:08.4		4:02/K
2	Tom O'hara	St Charles MN	40	30	20:22.3	0:13.9	4:04/K
3	Jim remlinger	winona MN	41	46	21:16.8	1:08.4	4:15/K
4	Ben Johnson	Winona MN	42	59	21:51.2	1:42.8	4:22/K
5	Matt Wardwell	Winona MN	40	64	22:20.6	2:12.2	4:28/K
6	Eric Falls	Winona MN	43	67	22:33.3	2:24.9	4:31/K
7	Daniel Bucknam	Winona MN	42	91	24:00.2	3:51.8	4:48/K
8	Jeff Daood	Saint Charles MN	43	115	25:23.7	5:15.3	5:05/K
9	Corey Koehler	Minnesota City MN	43	125	25:56.1	5:47.7	5:11/K
10	Ray Winter	Winona MN	44	128	26:03.4	5:55.0	5:13/K
11	Jason McCiellen	Lewiston MN	40	130	26:10.1	6:01.7	5:14/K
12	Lance Thill	Rollingstone MN	40	251	34:32.7	14:24.3	6:54/K
13	David Cranor	Minnesota City MN	44	256	35:07.9	14:59.5	7:01/K
14	Chris Walmsley	Onalaska WI	43	263	35:54.9	15:46.5	7:11/K

15	Russel Buege	Lewiston MN	40	272	37:33.2	17:24.8	7:31/K
16	Thongchai Harnphan	Onalaska WI	42	311	41:16.9	21:08.5	8:15/K
17	Jason Cisewski	Winona MN	41	316	42:06.9	21:58.5	8:25/K

Male 45 to 49

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Joel Dudgeon	wabasso MN	48	11	18:26.6		3:41/K
2	Matt Lindaman	Winona MN	45	19	19:11.5	0:44.8	3:50/K
3	Cary Kronebusch	Winona MN	46	33	20:35.6	2:08.9	4:07/K
4	Randy Haines	Onalaska WI	46	39	21:00.7	2:34.0	4:12/K
5	Paul Sgontz	Mason City IA	49	79	23:16.6	4:49.9	4:39/K
6	Brian Mihm	Rochester MN	46	84	23:28.3	5:01.6	4:42/K
7	John Gappa	Peterson MN	49	119	25:35.4	7:08.7	5:07/K
8	Phil Klemp	Winona MN	48	132	26:24.3	7:57.6	5:17/K
9	David Hawes	Holmen WI	46	155	27:36.4	9:09.7	5:31/K
10	Paul Lanzel	Holmen WI	45	225	32:21.9	13:55.2	6:28/K
11	Richard Buege	Lewiston MN	49	262	35:50.4	17:23.7	7:10/K
12	Thomas Gotzinger	Fountain City WI	45	266	36:13.3	17:46.7	7:15/K
13	Bob Heiring	Winona MN	48	325	43:22.9	24:56.2	8:40/K
14	Matthew Klosky	Winona MN	45	344	47:47.6	29:21.0	9:33/K

Male 50 to 54

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Bill Suffrins	Winona MN	51	22	19:49.6		3:58/K
2	Scott Fischer	Winona MN	53	56	21:42.8	1:53.2	4:20/K
3	Mark Polodna	Winona MN	52	75	23:03.5	3:13.9	4:37/K
4	Mark Miner	Winona MN	51	108	24:59.6	5:10.0	5:00/K
5	Bob Quinlan	Winona MN	54	116	25:28.3	5:38.7	5:06/K
6	Tom Cordes	Winona MN	51	142	26:51.7	7:02.1	5:22/K
7	Kevin O'Reilly	Winona MN	53	157	27:44.9	7:55.3	5:33/K
8	Dan Steher	winona MN	51	175	28:43.6	8:54.0	5:45/K
9	David Seaman	Winona MN	52	230	32:49.6	13:00.0	6:34/K
10	Warren Wheeler	Fort Lauderdale FL	54	354	50:07.6	30:18.0	10:01/K
11	Chris King	Winona MN	52	362	52:03.4	32:13.8	10:25/K

Male 55 to 59

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	keith nelson	Winona MN	59	23	19:55.6		3:59/K
2	Randy Nordheim	Waukon IA	59	47	21:17.3	1:21.6	4:15/K
3	Randy Domeyer	Minnesota City MN	58	100	24:36.1	4:40.5	4:55/K
4	Randy Parnow	Winona MN	57	124	25:55.8	6:00.2	5:11/K
5	Dan Hall	Winona MN	57	152	27:17.5	7:21.9	5:27/K
6	Dave Barlament	Pepin WI	58	153	27:31.4	7:35.7	5:30/K
7	Pat Wagner	Lansing IA	55	171	28:33.6	8:37.9	5:43/K
8	Dan Valentine	Winona MN	56	181	29:04.6	9:08.9	5:49/K
9	Lambert Blank Jr	Clive IA	56	188	29:47.1	9:51.4	5:57/K
10	Tom DeMarais	Winona MN	56	242	34:03.5	14:07.9	6:49/K
11	Paul Weiner	Winona MN	55	252	34:38.0	14:42.3	6:56/K

Male 60 to 69

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Charlie Tarjan	Homewood IL	64	76	23:07.7		4:37/K
2	Don Schlosnagle	Rochester MN	63	86	23:31.6	0:23.8	4:42/K
3	Andy Blomsness	Winona MN	62	87	23:35.6	0:27.9	4:43/K
4	Dave Korder	Winona MN	61	118	25:32.6	2:24.9	5:06/K
5	Gordy Strickland	Rochester MN	68	162	27:56.4	4:48.7	5:35/K
6	Gregory Wegner	Bangor WI	65	191	30:02.1	6:54.4	6:00/K
7	Robert Cloeter	Winona MN	60	194	30:11.6	7:03.9	6:02/K
8	Thomas Jacobson	St Charles MN	60	238	33:47.5	10:39.8	6:45/K
9	Peter Green	Austin MN	60	245	34:24.1	11:16.4	6:53/K
10	Mike Martin	Winona MN	60	289	39:25.4	16:17.7	7:53/K
11	Bill Keiper	Winona MN	63	358	50:44.4	27:36.7	10:09/K
12	To yo Christensen	Winona MN	62	360	50:46.4	27:38.7	10:09/K
13	Tom McGowan	Winona MN	62	369	52:58.9	29:51.2	10:36/K
14	Drago Seremet	Winona MN	62	380	55:21.6	32:13.9	11:04/K

Male 70 and Over

Place	Name	City	Age	Overall	Total Time	Time Back	Pace
1	Ronald A. Schroeder	Winona MN	73	206	30:56.5		6:11/K
2	Eric Bartleson	Winona MN	70	226	32:30.3	1:33.7	6:30/K
3	Bert Mohs	Winona MN	74	307	41:02.4	10:05.8	8:12/K
4	Bob Kierlin	Winona MN	76	312	41:29.5	10:32.9	8:18/K
5	David Schulz	Winona MN	70	327	43:47.5	12:50.9	8:45/K