

Race Date
June 15, 2024

2024 BK5K
Age Group Results

BK5K

Female 12 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Rio Duncan	West Lake Hills TX	12	6	19	24:37.1
2	Isla Malin	Winona MN	11	213	28	26:34.5
3	Keira Boucek	Winona MN	12	43	29	26:45.9
4	Clara Heinrichs	Winona MN	12	130	31	26:51.3
5	Ava Van Fossen	Winona MN	12	346	48	30:08.6
6	Sophie Nagel	Winona MN	10	234	54	30:57.7
7	Clara King	Minnesota City MN	11	177	89	38:35.1
8	Isabelle Waweru	SUN PRAIRIE WI	9	358	101	43:15.1
9	Hannah Brown	Winona MN	9	46	106	45:48.0
10	Elin Kohnen	Rushford MN	10	184	107	45:49.0
11	Jasen Hundt-Dietrich	winona MN	6	151	115	48:35.9
12	Hannah Jacobsen	Winona MN	9	156	139	55:18.5
13	Rachel Jacobsen	Winona MN	11	158	149	57:47.6

Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Kyla Gotzinger	Prescott WI	14	104	12	23:10.6
2	Kaylee Van Etten	Lewiston MN	14	344	25	26:15.3
3	Tessa Baertsch	Winona MN	13	19	32	26:51.4
4	Trinity Jilk	Fountain City WI	13	164	40	29:33.8
5	Zoe Johannes	Stockton MN	14	166	93	39:54.6

Female 15 to 16

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Brooklyn Staudacher	Kellogg MN	15	325	5	21:50.8
2	Shanae Duncan	Kellogg MN	16	80	14	23:35.0
3	Minna Crusan	Stoddard WI	15	379	16	23:59.0
4	Anya Wolfe	Trempealeau WI	16	374	17	24:17.7
5	Kate Weishalla	Lewiston MN	15	364	30	26:49.3
6	Jessi Van Etten	Lewiston MN	16	343	64	31:51.0
7	Madilyn Gibbs	Winona MN	16	102	83	36:29.1
8	Mary Shore	Galesville WI	16	314	108	47:16.6
9	Lauren Jewison	Winona MN	15	162	118	48:50.1

Female 17 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
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*Overall place within gender

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Female 17 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Sonja Semling	Fountain City WI	17	299	1	18:26.7
2	Kyra Kotsmith	Winona MN	17	191	8	22:01.0
3	Emma Weishalla	Lewiston MN	17	363	11	22:21.7
4	Deborah Shore	Galesville WI	17	311	84	36:34.0

Female 19 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Kendra Klobe	Glencoe MN	21	182	4	21:45.8
2	Emily Carrie	Winona MN	22	390	9	22:07.7
3	Kaia Hamilton	Winona MN	22	391	10	22:08.5
4	Brenda Martinez-Flores	Winona MN	25	215	15	23:35.8
5	Hannah Ford	Winona MN	28	92	20	24:42.7
6	Taylor Sanchez	Winona MN	22	284	36	28:14.7
7	Lauren Graf	Houston MN	29	105	39	29:33.6
8	Julia Johnson	Goodview MN	26	394	41	29:37.1
9	Morgan Poland	Winona MN	23	260	47	29:54.1
10	Bridget Wenaas	Winona MN	24	366	53	30:53.0
11	Nikki Bailey	Saint Charles MN	29	20	56	31:04.7
12	Melissa Anderson	Rushford MN	28	15	57	31:08.3
13	Grace Hoger	Winona MN	26	399	62	31:44.1
14	Kat Schreiber	Winona MN	27	397	63	31:44.1
15	Rachel Handeland	Winona MN	25	116	66	32:27.8
16	Kelsey Horvath	Addison IL	29	144	67	32:40.6
17	Hannah Shore	Galesville WI	20	312	71	33:38.8
18	Evelyn Mitchell	Winona MN	24	228	77	34:46.7
19	Jeanie Haines	Dakota MN	20	112	78	35:15.0
20	Marite Olmstead	Goodview MN	29	247	81	36:13.9
21	Morgan Chavie	Winona MN	25	66	86	37:23.5
22	Jayde Bohn	Winona MN	21	38	94	40:02.6
23	Bianca Mitchell	Winona MN	26	227	95	40:27.6
24	Abigail Shore	Galesville WI	21	310	109	47:19.1
25	Shayla Falls	Winona MN	24	88	132	53:40.8
26	Miranda Bergsrud	Winona MN	28	34	133	53:42.3
27	Mary Pomeroy	Goodview MN	28	262	141	55:35.6

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Jamie Ellinghuysen	Winona MN	32	82	22	24:55.5

*Overall place within gender

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BK5K

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
2	Emily Baldwin	Holmen WI	31	22	23	25:14.0
3	Anna Weinberger	Byron MN	31	361	26	26:25.8
4	Andrea Tibor	Goodview MN	34	340	37	29:05.0
5	Paige Buisman	La Crosse WI	33	54	58	31:17.0
6	Kayla Schmitz	La Crescent MN	32	285	68	33:17.1
7	HALEY HEMKER	Winona MN	30	131	72	33:51.1
8	Mackenzie Pochardt	Winona MN	32	259	74	34:28.6
9	Kristina Kerksiek	Owatonna MN	33	172	91	39:32.1
10	Chelsea Scott	Winona MN	32	292	103	43:34.7
11	Ashley Gerson	Winona MN	31	100	110	47:22.0
12	Junalyn Wade	Winona MN	31	356	113	47:32.8
13	angela Hundt-Dietrich	winona MN	34	150	117	48:39.6
14	Ashley Rickaway	Onalaska WI	33	271	126	51:49.2
15	Devon Hamann	Winona MN	34	114	129	53:15.6
16	Betsy Jerbi	Goodview MN	30	159	136	54:28.6
17	Daisy Ruberg	Winona MN	30	279	146	56:29.8

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Tiffany Langen	La Crescent MN	36	197	6	21:53.5
2	Emma Linski	East Troy WI	38	201	13	23:24.6
3	Tiffany Bartz	La Crescent MN	36	30	27	26:27.7
4	Diane Ewing	Goodview MN	39	86	42	29:37.8
5	Hannah Rockwell	Winona MN	35	275	46	29:53.1
6	Heather Teichroew	Winona MN	37	403	60	31:36.0
7	Erin Lucas	La Crescent MN	35	206	70	33:36.9
8	Mairead Diamond	Addison IL	35	72	82	36:26.9
9	Megan Paulson	Winona MN	39	256	85	36:58.1
10	Mandi Olson	Winona MN	38	248	88	38:17.8
11	Erin Kulig	Trempealeau WI	38	193	96	41:06.0
12	Ashley Oldenburg	La crescent MN	35	246	100	42:59.1
13	Nieves Seaman	Houston MN	39	293	114	47:33.1
14	Jillian Naughton	Onalaska WI	37	237	125	51:48.1
15	Sarah Burbach	Winona MN	39	55	130	53:15.7
16	Tanya Herber	Minnesota City MN	39	133	143	55:47.2

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
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*Overall place within gender

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Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Ellen Jewison	Winona MN	42	161	18	24:30.0
2	Emily Anderson	Altura MN	41	14	24	25:25.5
3	Jenny Baertsch	Winona MN	41	18	33	27:02.3
4	Rhoda Dobeck	La Crescent MN	42	77	34	27:36.0
5	Jamie Kotsmith	Winona MN	40	190	50	30:36.3
6	Carmen Carter	Winona MN	44	63	55	31:03.9
7	Kacie Lovas	Winona MN	41	205	69	33:23.1
8	Kathryn Hazelton	Winona MN	43	128	73	34:04.9
9	Karissa Wirt	Lewiston MN	43	371	76	34:35.1
10	Ruth Shore	Galesville WI	42	315	97	42:15.9
11	Angie Johannes	Stockton MN	43	165	111	47:27.7
12	Dorothy Barr	Winona MN	43	29	112	47:31.7
13	Suzie Kewatt	Winona MN	43	175	116	48:37.5
14	Rachel Eden	Winona MN	40	81	122	51:22.9
15	Kathryn Dicks	SUN PRAIRIE WI	43	73	128	52:35.8
16	Katie Hubbard	Minnesota City MN	43	149	135	53:43.3
17	Stacy Schultz	Winona MN	42	291	137	54:35.5
18	Lisa Kohnen	Rushford MN	43	185	138	54:37.1
19	Tricia Wing	Lewiston MN	40	369	142	55:47.1
20	Tara Brown	Winona MN	42	49	148	57:34.2

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Monique Duncan	West Lake Hills TX	48	5	21	24:49.6
2	Katie Lupo	Winona MN	49	207	43	29:45.3
3	Melissa Maas	Trempealeau WI	45	210	44	29:48.3
4	Angela Harvey	Winona MN	46	401	49	30:27.8
5	Breanna Malin	Winona MN	45	212	51	30:38.3
6	Nicole Leimer	Minneapolis MN	48	199	52	30:45.3
7	Katie Johnson	Winona MN	47	168	119	49:19.1
8	Megan Shaw	Holmen WI	47	303	123	51:40.1
9	Kari Dillinger	Wabasha MN	46	76	144	55:51.9
10	Heidi Jacobsen	Winona MN	45	157	150	57:47.8

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Lara Kierlin	Brentwood TN	50	7	7	21:57.3
2	Jillene Gallatin	Mankato MN	50	96	38	29:08.1

*Overall place within gender

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Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
3	Christine Seppanen	Austin MN	54	300	92	39:40.1
4	Kristin Nibbelink	Rollingstone MN	51	242	102	43:34.3
5	Marcy Van Fossen	Winona MN	52	350	121	51:00.3
6	Sara Falls	Winona MN	52	392	131	53:39.8
7	Sarah Sell	Minnesota City MN	50	296	145	55:54.8

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Linda Williams	Winona MN	57	368	3	21:42.1
2	Sheryl Stockhausen	Goodview MN	55	329	35	27:51.8
3	Lonna Simanovski	Winona MN	56	316	65	32:12.9
4	Claudia Weinberger	Winona MN	59	362	80	35:22.9
5	Karen Onstad	Osseo WI	58	250	87	38:17.0
6	Bev Prodzinski	Wabasha MN	57	263	90	39:13.9
7	Ruth Badciong	Winona MN	59	17	98	42:28.1
8	Lonna Stroinski	Winona MN	57	332	127	51:58.1
9	Debbie Bambenek	Winona MN	56	23	134	53:43.1

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Roxanne Ready	Winona MN	61	269	2	20:59.6
2	Cory Isakson	Winona MN	62	405	59	31:33.7
3	Karen Gernentz	Red Wing MN	63	99	120	49:22.6
4	Gayle Nottleman	Winona MN	64	245	147	56:32.9

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Cindy Ahrens	Winona MN	65	11	45	29:51.6
2	Emma Wade	Winona MN	65	355	99	42:33.1
3	Penelope Boehle	Altura MN	65	37	104	43:41.6
4	Jennifer Schewe	Winona MN	65	389	105	43:45.9
5	Mary Burrichter	Winona MN	69	2	140	55:26.2

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Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Diane Hammel	Stewartville MN	70	115	79	35:15.6

Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Barb Nagel	Winona MN	76	231	75	34:33.9

Female 80 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	anne femister	Winona MN	80	90	61	31:41.1
2	Linda Seppanen	Winona MN	80	301	124	51:42.5

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Male 12 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Jonah Alexander	Minnesota City MN	12	12	18	19:42.8
2	Brahm Van Fossen	Winona MN	10	347	22	20:24.8
3	Charlie Staudacher	Kellogg MN	11	326	44	23:08.8
4	Lewis Bergen	Winona MN	9	33	70	25:10.6
5	Brenton Brueggen	Winona MN	6	50	80	26:24.3
6	Isaac Sheridan	Winona MN	12	306	97	27:34.2
7	Cory Kotsmith	Winona MN	12	189	98	27:40.1
8	Max Kierlin	Brentwood TN	9	8	112	29:44.3
9	Brennen Palmer	Winona MN	11	252	114	30:29.6
10	Cam Slavey	Winona MN	11	378	120	31:15.6
11	Josiah Brown	Winona MN	7	47	132	33:12.1
12	Jalen Schultz	Winona MN	7	290	143	39:40.7
13	Dominic Schultz	Winona MN	8	288	150	45:48.0
14	Daniel Jacobsen	Winona MN	11	155	151	46:59.8
15	Jakob King	Minnesota City MN	9	178	165	52:55.0
16	Grayson Sylvester	Wabasha MN	10	335	174	55:51.6

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Erik Semling	Fountain City WI	14	298	1	15:48.2
2	Ben Hansen	Mount Prospect IL	14	117	43	23:08.7
3	Kierlin Duncan	West Lake Hills TX	14	4	101	27:46.0
4	Wyatt Hazelton	Winona MN	13	129	144	39:42.1

Male 15 to 16

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Ryan Littlefield	Saint Charles MN	15	202	2	16:45.8
2	Kedrick Boucek	Winona MN	15	41	3	16:49.1
3	Phineas Van Fossen	Winona MN	16	351	23	20:27.1
4	Carson Mayer	Galesville WI	15	216	27	21:27.2
5	Jamie Sorenson	Winona MN	16	504	36	22:20.1

Male 17 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	John Fritts	Winona MN	18	94	9	17:57.1
2	Will Thompson	Winona MN	17	338	14	19:10.5

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Male 17 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
3	Max Hereck	Winona MN	17	381	20	19:49.3
4	Jacob Sheridan	Winona MN	17	307	24	20:32.6
5	Joshua Sheridan	Winona MN	17	308	29	21:45.5
6	Matthew Brillo	Winona MN	17	388	55	23:52.6

Male 19 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Christian Kamrowski	Goodview MN	21	170	8	17:35.3
2	Grant Gallatin	Winona MN	22	95	12	19:07.5
3	Connor Mellor	La Crosse WI	20	222	16	19:19.2
4	MICHAEL ONSTAD	OSSEO WI	19	251	21	19:57.5
5	Joe Nagel	Winona MN	22	233	25	21:14.8
6	Grant Schneider	Minnesota City MN	22	286	30	21:46.0
7	Eli Bruess	Winona MN	21	52	31	21:52.6
8	Spencer Carr	Winona MN	29	61	33	22:03.0
9	Justin Napier	Winona MN	27	236	37	22:21.8
10	Braden Lachecki	Onalaska WI	21	195	38	22:25.6
11	Michael Cassidy	Winona MN	24	64	40	22:47.8
12	Noah Blanchard	Farmington MN	20	36	41	22:58.3
13	Ryan Ruberg	Winona MN	28	280	42	23:05.3
14	Kevin Montero	Winona MN	19	230	48	23:23.6
15	Michael Chaney	Winona MN	24	65	49	23:30.3
16	McKenzie Witmer	Winona MN	28	373	54	23:52.1
17	Evan Kline	Winona MN	21	503	58	24:05.9
18	Owen Rogers	Winona MN	29	278	59	24:06.8
19	Jonathon Faz	Winona MN	25	89	67	24:52.2
20	Joshua Mickelson	Winona MN	26	223	69	25:03.3
21	Austin Kinney	Winona MN	28	179	74	25:24.0
22	Aaron Brost	Winona MN	29	45	75	25:50.3
23	Ryan Kirn	Onalaska WI	22	180	82	26:29.8
24	Tate Halgrimson	Minnesota City MN	22	113	83	26:45.7
25	Ethan Conley	Addison IL	27	68	85	26:56.0
26	John Pampuch	Winona MN	24	253	86	27:14.3
27	Jacob Allen	Winona MN	24	13	87	27:17.3
28	Weston McCall	Winona MN	28	217	88	27:18.3
29	Glenn Ilagan	Winona MN	21	153	91	27:22.0
30	Brad Brown	Sun Prairie WI	21	505	92	27:23.3
31	Sean Hawkins	Winona MN	24	127	94	27:28.3
32	Dawson Wardwell	Winona MN	22	357	103	27:58.5
33	Christian Anderson	Winona MN	28	398	104	28:10.5

*Overall place within gender

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Male 19 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
34	Baker Swenson	Winona MN	23	334	109	29:00.6
35	Alex Rickoff	Winona MN	28	273	110	29:09.5
36	Daniel Dancer	Winona MN	23	69	117	30:42.6
37	Christian Barbier	Winona MN	25	27	123	31:24.2
38	Dray Schreiber	Winona MN	28	395	125	31:44.3
39	Austin Ritter	Winona MN	26	274	129	32:29.0
40	Hayden Meinke	Winona MN	26	221	145	40:02.1
41	Devin Davis	Winona MN	23	70	152	47:17.3
42	Erick Izquierdo	Winona MN	23	154	153	47:17.5
43	Isaac Villaro	Winona MN	22	353	154	47:19.9
44	Adam Stroinski	Goodview MN	25	330	162	51:58.6
45	Hunter Bambenek	Winona MN	28	24	166	53:45.9
46	Tanner Herber	Minnesota City MN	28	132	173	55:34.8

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Matt Jergenson	Coralville IA	31	160	4	16:55.1
2	Brent Burton	Winona MN	32	56	13	19:09.5
3	Zach Rickaway	Onalaska WI	34	272	26	21:26.8
4	Paul Gehling	ROCHESTER MN	34	98	52	23:50.6
5	Nick Smetana	La Crosse WI	31	318	56	23:54.5
6	Sean Naughton	Onalaska WI	34	238	60	24:08.3
7	James Clinton	Winona MN	32	396	61	24:13.8
8	Andy Brey	Holmen WI	34	44	65	24:49.0
9	Lance Barnewitz	Winona MN	31	28	68	25:01.3
10	Jiajun Hong	Winona MN	33	143	71	25:11.6
11	Andrew Hoffman	Minnesota City MN	30	140	100	27:40.8
12	Daniel Botz	Winona MN	34	40	113	29:58.3
13	James MacKenzie	Winona MN	34	211	119	31:12.9
14	Andrew Buisman	La Crosse WI	34	53	121	31:15.8
15	Maxwell Hobbs	Winona MN	33	138	131	32:56.1
16	Tyler Kulig	Trempealeau WI	34	194	135	33:27.8
17	Eric Miller	Altura MN	34	225	146	40:21.5
18	Zach Zabo	Goodview MN	30	376	168	54:29.6

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Michael Walentiny	Lewiston MN	36	508	5	17:05.6

*Overall place within gender

Results available online at winonatiming.weebly.com

Race Date
June 15, 2024

2024 BK5K
Age Group Results

BK5K

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
2	Josh Solorio	West Allis WI	35	321	7	17:21.1
3	Brian Neuberger	Winona MN	37	241	66	24:50.6
4	Tony Troke	Winona MN	36	386	76	25:55.3
5	Kurt Bolstad	Winona MN	35	39	77	25:55.5
6	Chris Gilbertson	Galesville WI	37	103	78	26:06.1
7	Bradley Paulson	Winona MN	35	255	79	26:13.8
8	Ivan Young	Winona MN	39	375	90	27:20.8
9	Walker Rockwell	Winona MN	35	277	107	28:53.8
10	Nate Stevens	Minnesota City MN	38	328	128	31:59.9
11	Michael Nelson	Holmen WI	35	239	133	33:20.9
12	Logan Howell	Winona MN	36	148	139	35:24.5
13	Brian Mierau	Winona MN	39	224	140	35:43.8
14	Kyle Haedtke	Winona MN	36	111	148	41:59.9
15	Justin Kewatt	Winona MN	36	174	157	48:38.1
16	Tyler Limbrock	Winona MN	39	200	159	50:29.8
17	Matthew Koscheski	Winona MN	39	187	160	50:29.8

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Justin Shireman	Onalaska WI	40	309	10	18:01.8
2	Pete Brueggen	Winona MN	44	51	11	18:19.8
3	Garret Ping	Winona MN	44	507	15	19:12.5
4	Keegan Boucek	Winona MN	40	42	19	19:47.8
5	Jay Snider	Fountain City WI	42	320	28	21:36.1
6	Matt Williams	Winona MN	41	393	35	22:07.1
7	Matt Ranzenberger	La Crescent MN	40	268	51	23:41.8
8	Derek Staudacher	Kellogg MN	44	327	57	24:00.2
9	Matt Van Etten	Lewiston MN	44	345	63	24:26.5
10	Arnel Remoticado	Minnesota City MN	43	270	64	24:30.1
11	Zak Fellman	Winona MN	42	506	73	25:14.8
12	Mark Kotsmith	Winona MN	43	192	99	27:40.5
13	Theodore McElwee	Winona MN	42	219	108	28:57.8
14	Kiran Punjabi	Goodview MN	42	264	116	30:38.6
15	Aaron Slavey	Winona MN	41	377	122	31:21.7
16	Andrew Lovas	Winona MN	43	204	134	33:23.3
17	Daniel Gerson	Winona MN	42	101	155	47:26.6
18	Brian Verdick	Winona MN	44	352	158	49:18.7

*Overall place within gender

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Race Date
June 15, 2024

2024 BK5K
Age Group Results

BK5K

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Brian Semling	Fountain City WI	47	297	6	17:13.8
2	Brent Duncan	West Lake Hills TX	48	3	17	19:39.6
3	Moses Waweru	SUN PRAIRIE WI	46	359	32	22:00.0
4	Matt Wardwell	Winona MN	49	385	39	22:42.3
5	Chris Crusan	Stoddard WI	45	380	62	24:17.1
6	Jonathan Shore	Galesville WI	49	313	95	27:30.1
7	Jason Pronschinske	Mondovi WI	45	502	96	27:32.6
8	Jason McClellen	Lewiston MN	49	218	105	28:32.6
9	Jim Jilk	Fountain City WI	47	163	111	29:34.2
10	Todd Werner	Brentwood TN	45	9	118	31:08.5
11	Dan Foss	Winona MN	49	402	124	31:31.4
12	Nathan Mitchell	Winona MN	47	229	142	39:20.7
13	Justin Hauser	Winona MN	46	126	149	42:31.9
14	Jose Uribe Mardones	Winona MN	48	342	156	47:37.5
15	Kelby Radatz	Buffalo City WI	48	266	167	54:05.9
16	Eric Schultz	Winona MN	46	289	169	54:36.7
17	Jeff Sell	Minnesota City MN	49	295	175	55:55.2
18	Robbie Brown	Winona MN	45	48	176	57:35.2

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Eriic Falls	Winona MN	52	87	34	22:05.7
2	Peter Gallatin	Mankato MN	51	97	53	23:51.6
3	Doug Johnson	Minnesota City MN	54	501	72	25:13.0
4	Melvin Salvador	Goodview MN	51	283	93	27:25.0
5	Chad Dilks	Winona MN	51	75	106	28:38.3
6	Ben Nagel	Winona MN	54	232	138	34:34.9

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Phil Klemp	Winona MN	57	181	89	27:18.7
2	Arthur Embesan	Winona MN	56	83	102	27:48.1
3	James Wisecup	Winona MN	57	372	115	30:32.1
4	Kevin Fluke	Omaha NE	57	91	136	34:16.8
5	John Grattan Jr	Goodview MN	59	106	141	36:42.6
6	Jeff Van Fossen	Winona MN	59	349	161	51:01.1
7	Bob Stroinski	Winona MN	59	331	163	51:58.9

*Overall place within gender

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Race Date
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2024 BK5K
Age Group Results

BK5K

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Mark Polodna	Winona MN	61	261	45	23:15.6
2	Eric Herness	Byron MN	61	135	47	23:23.0
3	terry howell	Winona MN	63	147	81	26:29.3
4	Mike Horvath	Addison IL	63	145	130	32:41.0
5	Neil Leakson	Winona MN	62	500	147	40:34.1
6	Chris King	Minnesota City MN	61	176	171	55:14.3

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Bill Baker	Winona MN	65	21	46	23:19.5
2	Randy Nordheim	Waukon IA	68	243	50	23:39.8
3	Bill Carter	Winona MN	69	62	84	26:48.7

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Tony Christensen	Winona MN	71	67	164	52:01.6

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	Thomas Angst	Winona MN	75	509	126	31:45.3
2	Lee Smith	Saint Charles MN	76	319	127	31:56.6

Male 80 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>
1	DON BENKE	Wayzata MN	81	32	137	34:29.8
2	Marvin Seppanen	Winona MN	80	302	170	54:44.3
3	bob kierlin	Winona MN	85	1	172	55:25.9

*Overall place within gender

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