

2019 BK5k  
BK5K Overall  
June 15, 2019

Place	Name	City	Bib No	Age	Age Group	Place	Total Time
1	Cody Peterson	Winona MN	2285	16	1:M 15-16		17:26.2
2	Wesley Pronschinske	Mondovi WI	2297	14	1:M 13-14		17:44.5
3	Keegan Boucek	Winona MN	2528	35	1:M 35-39		17:59.6
4	Adam Novak	Holmen WI	2520	21	1:M 19-29		18:12.2
5	Zach Hullander	Rice Lake WI	2150	18	1:M 17-18		19:00.4
6	Karter Domine	Fountain City WI	2574	15	2:M 15-16		19:15.4
7	Ethan Burmeister	Galesville WI	2050	15	3:M 15-16		19:16.2
8	Sarah Keane	Minneapolis MN	2165	40	1:F 40-44		19:19.1
9	Zylan Mojera-Kmcaik	Onalaska WI	2566	19	2:M 19-29		19:26.2
10	Samuel Ruitter	Ettrick WI	2325	14	2:M 13-14		19:40.8
11	Bryan Madsen	Fountain City WI	2514	46	1:M 45-49		19:44.7
12	John Peplinski	Oak Park IL	2278	37	2:M 35-39		20:17.8
13	Linda Williams	Winona MN	2414	52	1:F 50-54		20:18.4
14	Tim Beirne	Ettrick WI	2022	53	1:M 50-54		20:20.5
15	Michael Lybarger	St Paul MN	2516	33	1:M 30-34		20:28.1
16	Janneke Sobeck	Winona MN	2568	33	1:F 30-34		20:37.9
17	Erin Gervais	Winona MN	2499	35	1:F 35-39		20:41.6
18	Ben Weiner	Minneapolis MN	2402	30	2:M 30-34		20:48.1
19	Bill Suffrins	Winona MN	2545	55	1:M 55-59		20:51.4
20	Mike Bang	Red Wing MN	2575	30	3:M 30-34		20:57.2
21	Ryan Littlefield	Saint Charles MN	2212	10	1:M 0-12		21:02.2
22	Conor Kosidowski	Winona MN	2186	26	3:M 19-29		21:09.1
23	Dan Leffelman	Onalaska WI	2210	34	4:M 30-34		21:15.6
24	Amber Uhlenhake	Stewartville MN	2384	31	2:F 30-34		21:18.1
25	Noble Swenson	Winona MN	2372	17	2:M 17-18		21:19.3
26	Brian Semling	Fountain City WI	2543	42	1:M 40-44		21:29.4
27	Brian Mihm	Rochester MN	2233	50	2:M 50-54		21:30.6
28	Drake Kulmaczewski	Holmen WI	2521	21	4:M 19-29		21:48.7
29	Vikki Marsolek	Winona MN	2223	35	2:F 35-39		21:50.5
30	Xander Burmeister	Galesville WI	2051	12	2:M 0-12		21:56.2
31	Kelli Kim	San Diego CA	2177	35	3:F 35-39		22:04.2
32	Alexander Penzkover	La Crosse WI	2510	10	3:M 0-12		22:04.2
33	Adam Yucuis	Winona MN	2421	26	5:M 19-29		22:04.6
34	Roxanne Ready	Winona MN	2306	56	1:F 55-59		22:15.4
35	Gabriel Bickerstaff	Winona MN	2026	20	6:M 19-29		22:15.8
36	Phineas Van Fossen	Winona MN	2387	11	4:M 0-12		22:20.5
37	Erin Alexander	Minnesota City MN	2507	40	2:F 40-44		22:21.7
38	Mark Polodna	Winona MN	2296	56	2:M 55-59		22:27.1
39	Blake Herber	Winona MN	2139	10	5:M 0-12		22:37.1
40	Amber Fletcher	Winona MN	2461	26	1:F 19-29		22:40.2
41	Nancy Buytendorp	Winona MN	2054	53	2:F 50-54		22:40.4
42	Haley Schultz	Winona MN	2339	25	2:F 19-29		22:59.3
43	Matt Barnholtz	Winona MN	2476	50	3:M 50-54		23:05.9
44	Kathleen Harris	Lake Elmo MN	2134	35	4:F 35-39		23:08.2
45	Sara King	Winona MN	2179	37	5:F 35-39		23:08.7
46	Jason Fremstad	Minnesota City MN	2465	41	2:M 40-44		23:11.6
47	Kyra Kotsmith	Winona MN	2188	12	1:F 0-12		23:18.7

48	Sarah Ruiter	Ettrick WI	2326	41	3:F 40-44	23:18.9
49	Brandi Moore	Winona MN	2565	41	4:F 40-44	23:21.6
50	Neko Reisetter	Winona MN	2526	4	2:F 0-12	23:25.5
51	Sonja Semling	Fountain City WI	2541	12	3:F 0-12	23:28.9
52	Mark Kotsmith	Winona MN	2477	38	3:M 35-39	23:32.3
53	Kedrick Boucek	Winona MN	2527	10	6:M 0-12	23:38.3
54	Alicia Lano	Fountain City WI	2198	34	3:F 30-34	23:40.3
55	Eric Falls	Winona MN	2458	47	2:M 45-49	23:42.7
56	Craig Weatherhead	Winona MN	2398	27	7:M 19-29	23:44.7
57	John Ngugi	Winona MN	2261	42	3:M 40-44	23:45.2
58	Lance Barnewitz	Winona MN	2018	26	8:M 19-29	23:45.3
59	Jeremy Miller	Winona MN	2236	36	4:M 35-39	23:47.9
60	Victoria Velikanova	Winona MN	2488	43	5:F 40-44	23:50.3
61	Eric Weiler	Holmen WI	2400	28	9:M 19-29	23:58.9
62	Andrew Hudson	Winona MN	2148	27	10:M 19-29	24:02.7
63	Lilianna Herber	Winona MN	2140	13	1:F 13-14	24:08.7
64	Brian Neuberger	Winona MN	2256	32	5:M 30-34	24:10.9
65	Brynn Lee	Minnesota City MN	2207	18	1:F 17-18	24:11.7
66	Jamie Ellinghuysen	Winona MN	2455	27	3:F 19-29	24:14.2
67	Ethan Gagnon	Trempealeau WI	2103	14	3:M 13-14	24:18.1
68	Brady Benedict	Winona MN	2023	12	7:M 0-12	24:22.2
69	Ben Peterson	Galesville WI	2506	14	4:M 13-14	24:23.2
70	Brad Sime	Holmen WI	2511	47	3:M 45-49	24:23.2
71	Erik Semling	Fountain City WI	2540	9	8:M 0-12	24:34.7
72	Nathan Schultz	Saint Charles MN	2340	36	5:M 35-39	24:37.3
73	Meredith Mihm	Winona MN	2569	41	6:F 40-44	24:39.5
74	Austin Lasee	Winona MN	2203	23	11:M 19-29	24:42.8
75	David Dockter	Lewiston MN	2446	30	6:M 30-34	24:44.7
76	Jeffery Ruppel	Trempealeau WI	2327	41	4:M 40-44	24:49.5
77	Torry Moore	Winona MN	2532	48	4:M 45-49	25:01.7
78	Laura Slavey	Winona MN	2351	36	6:F 35-39	25:04.7
79	Tony Albrecht	Winona MN	2006	44	5:M 40-44	25:09.4
80	Sarah Hunter	Hopkins MN	2533	45	1:F 45-49	25:10.4
81	Gerald Lawson	Winona MN	2205	71	1:M 70-74	25:21.7
82	Monte Boyum	Saint Charles MN	2035	48	5:M 45-49	25:32.3
83	Chris Lombardo	Crystal Lake IL	2549	55	3:M 55-59	25:45.2
84	Mitchell Whillock	Trempealeau WI	2411	15	4:M 15-16	25:52.7
85	Dorjee Dhondup	Winona MN	2443	25	12:M 19-29	25:55.8
86	Chad W. Dilks	Winona MN	2445	46	6:M 45-49	26:04.5
87	Betsy Nagel	Winona MN	2249	14	2:F 13-14	26:07.4
88	Dan Valentine	Winona MN	2385	60	1:M 60-64	26:07.6
89	Jonathan Rastall	Holmen WI	2305	43	6:M 40-44	26:10.9
90	Dirk Wilson	Fountain City WI	2492	14	5:M 13-14	26:19.8
91	Hale Madsen	Fountain City WI	2217	14	6:M 13-14	26:20.8
92	Shawn Freyre	Winona MN	2102	10	9:M 0-12	26:24.1
93	Kevin Meyer	Lewiston MN	2478	54	4:M 50-54	26:34.7
94	Andrew Hoffman	Goodview MN	2144	25	13:M 19-29	26:35.6
95	Jack Wilson	Fountain City WI	2495	9	10:M 0-12	26:39.2
96	Sheryl Stockhausen	Goodview ME	2357	50	3:F 50-54	26:39.7
97	Karen Slettler	Fountain City WI	2493	52	4:F 50-54	26:39.7
98	Ashley Wagner	Winona MN	2393	32	4:F 30-34	26:42.5
99	Mark Johnson	Winona MN	2162	55	4:M 55-59	26:42.7

100	Tim Carlson	Winona MN	2426	27	14:M 19-29	26:46.6
101	Joe Lee	Saint Charles MN	2209	30	7:M 30-34	26:46.8
102	Jason McClellan	Lewiston MN	2226	44	7:M 40-44	26:53.5
103	Phil Klemp	Winona MN	2180	52	5:M 50-54	27:16.1
104	Christian Walrath	Winona MN	2397	30	8:M 30-34	27:16.9
105	Marissa Fraser	Holmen WI	2464	28	4:F 19-29	27:20.9
106	Marissa Sime	Onalaska WI	2512	20	5:F 19-29	27:31.4
107	Jessica Weiler	Holmen WI	2401	28	6:F 19-29	27:38.7
108	Cynthia Wolfe	Fountain City WI	2418	54	5:F 50-54	27:40.2
109	Mark Harris	Winona MN	2560	58	5:M 55-59	27:52.4
110	Britta Nelson	Winona MN	2252	26	7:F 19-29	27:55.9
111	Keith Nelson	Winona MN	2253	63	2:M 60-64	27:56.2
112	Anastasia Goodwin	Winona MN	2116	37	7:F 35-39	28:03.8
113	Jazmine Cline	La Crescent MN	2432	11	4:F 0-12	28:11.3
114	Dan Clobes	Winona MN	2433	34	9:M 30-34	28:20.2
115	Dana Krings	Winona MN	2194	33	5:F 30-34	28:20.6
116	Jacob Quarberg	Winona MN	2301	10	11:M 0-12	28:33.2
117	Jason Quarberg	Winona MN	2302	42	8:M 40-44	28:33.7
118	Megan VanGuilder	Rice Lake WI	2388	18	2:F 17-18	28:38.5
119	Abby Tompos	Winona MN	2381	24	8:F 19-29	28:44.7
120	Grace Moline	Fountain City WI	2483	16	1:F 15-16	28:49.2
121	Lara Berzinski	Trempealeau WI	2025	40	7:F 40-44	28:52.9
122	James Wisecup	Winona MN	2417	52	6:M 50-54	29:01.9
123	Benjamin Braun	Brookings SO	2040	21	15:M 19-29	29:08.8
124	Roman Freyre	Winona MN	2473	38	6:M 35-39	29:09.4
125	Megan Rykken	Winona MN	2333	27	9:F 19-29	29:09.5
126	Erin Roche	Mahtomedi MN	2534	37	8:F 35-39	29:12.4
127	Katie Shrake	Chicago IL	2347	44	8:F 40-44	29:14.4
128	Gary Koop	Winona MN	2484	65	1:M 65-69	29:16.3
129	Lance Thill	Goodview MN	2376	44	9:M 40-44	29:17.5
130	Madeline Westerman	St. Paul MN	2407	28	10:F 19-29	29:17.9
131	Riley Shields	Rochester MN	2346	27	16:M 19-29	29:20.7
132	Kyle Kiesel	Evansville WI	2508	51	7:M 50-54	29:22.2
133	Cody Ellinghuysen	Winona MN	2454	28	17:M 19-29	29:26.7
134	Kiran Punjabi	Winona MN	2299	37	7:M 35-39	29:34.3
135	Brian Murphy	Fountain City WI	2246	52	8:M 50-54	29:46.8
136	Megan Boyum	Saint Charles MN	2034	44	9:F 40-44	29:49.7
137	Hazel Freyre	Winona MN	2467	12	5:F 0-12	29:52.7
138	Kim Wigdal	Galesville WI	2413	43	10:F 40-44	29:53.1
139	Hillary Hansen	Holmen WI	2126	37	9:F 35-39	29:53.9
140	Lonna Simanovski	Winona MN	2349	51	9:M 50-54	29:58.8
141	Cole Waller	Winona MN	2396	20	18:M 19-29	29:59.7
142	Kevin Blount	Winona MN	2028	38	8:M 35-39	30:00.2
143	Maggie Modjeski	Winona MN	2548	44	11:F 40-44	30:01.7
144	Gayle Brewton	Winona MN	2045	35	10:F 35-39	30:02.7
145	Anne Femister	Winona MN	2459	75	1:F 75-79	30:06.4
146	Christian Anderson	Winona MN	2009	23	19:M 19-29	30:07.2
147	Kelli Ann Gytoku	Rochester MN	2121	27	11:F 19-29	30:08.7
148	Chelsea Ziegler	Trempealeau WI	2423	26	12:F 19-29	30:15.2
149	Deborah Hatanpa	Winona MN	2505	48	2:F 45-49	30:17.4
150	Jonah Hatanpa	Winona MN	2475	9	12:M 0-12	30:18.1
151	Brian Singer-Towns	Winona MN	2497	63	3:M 60-64	30:19.2

152	Patty Omath	Winona MN	2515	51	6:F 50-54	30:25.3
153	Ted Wilson	Fountain City WI	2494	55	6:M 55-59	30:31.4
154	Michael Nelson	Onalaska WI	2254	30	10:M 30-34	30:34.7
155	Nancy Greden	Altura MN	2117	68	1:F 65-69	30:41.5
156	Amelia Doud	Trempealeau WI	2503	12	6:F 0-12	30:49.4
157	Jillian Naughton	Onalaska WI	2250	32	6:F 30-34	30:57.3
158	Sean Naughton	Onalaska WI	2251	29	20:M 19-29	31:00.7
159	Zach Schoenike	Winona MN	2337	26	21:M 19-29	31:03.5
160	Mark Wagner	Winona MN	2572	58	7:M 55-59	31:11.4
161	Dan Cramer	Winona MN	2496	51	10:M 50-54	31:11.7
162	Lindsey Fremstad	Minnesota City MN	2466	32	7:F 30-34	31:25.2
163	TOM Hudson	Cedarburg WI	2149	62	4:M 60-64	31:25.7
164	Grant Borkowski	Goodview MN	2032	26	22:M 19-29	31:25.9
165	Gail See	Holmen WI	2343	41	12:F 40-44	31:30.4
166	Melissa Peterson	Winona MN	2286	23	13:F 19-29	31:34.2
167	Landon Mihm	Rochester MN	2234	11	13:M 0-12	31:42.7
168	Pete Peterson	Galesville WI	2501	40	10:M 40-44	31:46.3
169	Tom Sula	Lewiston MN	2368	30	11:M 30-34	31:50.6
170	Ruth Forthythe	Winona MN	2500	67	2:F 65-69	31:50.7
171	Brooke Tschumper	Winona MN	2383	35	11:F 35-39	32:11.5
172	Barbara Nagel	Winona MN	2247	71	1:F 70-74	32:18.7
173	Sophie Nagel	Winona MN	2993	5	7:F 0-12	32:19.1
174	Ben Nagel	Winona MN	2248	49	7:M 45-49	32:19.5
175	Cosette Kaster	Winona MN	2164	24	14:F 19-29	32:27.1
176	Cory Isakson	Fountain City WI	2153	57	2:F 55-59	32:30.1
177	Ryn McSweeny	Rochester MN	2542	27	23:M 19-29	32:35.7
178	Sandra Dalquist	Rochester MN	2437	78	2:F 75-79	32:35.9
179	Danielle Thorn	Winona MN	2377	27	15:F 19-29	32:39.1
180	Lily Doud	Trempealeau WI	2502	10	8:F 0-12	32:40.1
181	Nyapal Minyoang	Winona MN	2237	23	16:F 19-29	33:03.5
182	Debbie Bambenek	Winona MN	2015	51	7:F 50-54	33:07.2
183	Jeanette Dooley	Ettrick WI	2448	43	13:F 40-44	33:11.4
184	Laurie Laska	Winona MN	2204	50	8:F 50-54	33:12.5
185	Christopher Rivard	Goodview MN	2313	34	12:M 30-34	33:25.5
186	Britta Rivard	Goodview MN	2312	32	8:F 30-34	33:27.5
187	Melissa Lor	Winona MN	2214	37	12:F 35-39	33:37.7
188	Eric Lee	Minnesota City MN	2208	53	11:M 50-54	33:38.5
189	Aase Lee	Minnesota City MN	2206	15	2:F 15-16	33:39.2
190	Neil Isakson	Fountain City WI	2154	57	8:M 55-59	33:44.4
191	Justin Dienger	Minnesota City MN	2444	28	24:M 19-29	33:47.5
192	Cheri Peterson	Winona MN	2284	52	9:F 50-54	33:56.6
193	Erin Spencer	Lewiston MN	2354	41	14:F 40-44	34:11.2
194	Doug Westerman	Rochester MN	2405	56	9:M 55-59	34:35.3
195	Cheyenne Dearborn	Winona MN	2442	27	17:F 19-29	34:35.8
196	Sherell Roche	Middleton WI	2318	40	15:F 40-44	34:38.7
197	Troy Boardman	La Crosse WI	2031	42	11:M 40-44	34:41.3
198	Ruth Civettini	Winona MN	2431	11	9:F 0-12	34:46.8
199	Andrew Civettini	Tinley Park IL	2469	39	9:M 35-39	34:48.2
200	Kyle Haedtke	Winona MN	2122	31	13:M 30-34	34:57.3
201	Thongchai Harnphanich	Onalaska WI	2133	46	8:M 45-49	35:13.5
202	Mm Bari	Winona MN	2017	35	10:M 35-39	35:28.5
203	Laura Madsen	Fountain City WI	2218	43	16:F 40-44	35:34.2

204	Janelle Perry	La Crosse WI	2279	44	17:F 40-44	35:34.4
205	Eric Westerman	St. Paul MN	2406	27	25:M 19-29	35:36.8
206	Madalyn Roque	Chicago IL	2535	24	18:F 19-29	35:44.4
207	Joe Lance	Chicago IL	2197	28	26:M 19-29	35:44.5
208	Elizabeth Roque	Chicago IL	2321	27	19:F 19-29	35:44.8
209	Bradl Lance	Scottsdale AZ	2196	58	10:M 55-59	35:46.8
210	Miranda Konkel	Holmen WI	2519	22	20:F 19-29	35:51.9
211	Michele Rugotzke	Arcadia WI	2324	34	9:F 30-34	35:52.3
212	Larkyn Rugotzke	Arcadia WI	2972	5	14:M 0-12	35:52.5
213	Van Voelker	Robinsdale MN	2487	10	15:M 0-12	35:56.2
214	Lance Voelker	Robbinsdale MN	2486	41	12:M 40-44	36:00.7
215	Paige Harvey	Scottsdale AZ	2135	30	10:F 30-34	36:20.3
216	Joy Hamernik	Winona MN	2125	89	1:F 80-99	36:20.4
217	Trevor Harvey	Scottsdale AZ	2136	30	14:M 30-34	36:20.4
218	Erin Schendel	Winona MN	2336	26	21:F 19-29	36:49.5
219	Megan Timm	Trempealeau WI	2379	33	11:F 30-34	36:50.2
220	Joseph Braun	Davenport IA	2042	23	27:M 19-29	36:53.3
221	Cortney Cottman	Winona MN	2436	29	22:F 19-29	36:53.5
222	Holly Magiera	onalaska WI	2567	40	18:F 40-44	37:14.4
223	Laurie Nelson	Galesville WI	2544	63	1:F 60-64	37:18.2
224	Eric Bartleson	Winona MN	2019	74	2:M 70-74	37:43.1
225	Carolyn Zaborowski	Minnesota City MN	2422	57	3:F 55-59	37:56.2
226	Greer Kosidowski	Winona MN	2187	23	23:F 19-29	37:56.3
227	Rachel Norton	Onalaska WI	2262	31	12:F 30-34	37:58.8
228	Chelsea Bambenek	Winona MN	2014	27	24:F 19-29	37:59.8
229	Lexi Ebertowski	Utica MN	2451	12	10:F 0-12	39:35.2
230	Paul Goltz	Winona MN	2114	64	5:M 60-64	39:41.5
231	Jamie Kotsmith	Winona MN	2189	35	13:F 35-39	39:43.1
232	Molly Kotsmith	Winona MN	2190	10	11:F 0-12	39:43.6
233	Mason Sula	Lewiston MN	2367	8	16:M 0-12	40:08.7
234	Carter Kouba	Winona MN	2191	14	7:M 13-14	40:28.6
235	Tracy Doud	Trempealeau WI	2449	46	3:F 45-49	40:34.3
236	Paula Ziegler	Trempealeau WI	2424	52	10:F 50-54	40:44.8
237	Joslyn Polenz	Black River Falls WI	2295	14	3:F 13-14	41:02.3
238	Jennifer Schewe	Winona MI	2485	60	2:F 60-64	41:08.1
239	Mike Martin	Winona MN	2224	63	6:M 60-64	41:10.8
240	Aubre Heberlein	Winona MN	2137	32	13:F 30-34	41:14.6
241	Susie Loechler	Winona MN	2213	46	4:F 45-49	41:17.6
242	Brittany Splittstoesser	Winona MN	2356	29	25:F 19-29	41:20.3
243	Ben Bengtson	Winona MN	2024	25	28:M 19-29	41:20.6
244	Brian Mueller	Minnesota City MN	2243	38	11:M 35-39	41:48.8
245	Karen Mueller	Minnesota City MN	2244	36	14:F 35-39	41:49.1
246	Beth Geldernick	Winona MN	2108	35	15:F 35-39	41:52.2
247	Samson Geldernick	Winona MN	4959	6	17:M 0-12	41:56.5
248	Heidi Geldernick	Winona MN	4960	7	12:F 0-12	41:56.7
249	Drew Geldernick	Winona MN	4961	4	18:M 0-12	41:56.7
250	John Geldernick	Winona MN	2109	36	12:M 35-39	41:56.9
251	Emily Baldwin	Winona MN	2013	26	26:F 19-29	42:02.8
252	Andy Brey	Winona MN	2046	29	29:M 19-29	42:03.3
253	Madilyn Gibbs	Winona MN	2111	11	13:F 0-12	42:11.5
254	Anglea Meyer	Lewiston MN	2479	52	11:F 50-54	42:23.5
255	Bob Kierlin	Winona MN	2176	80	1:M 80-99	42:33.6

256	Ruth Badciong	Winona MN	2011	54	12:F 50-54	42:40.4
257	Lorie Ebertowski	Utica MN	2452	42	19:F 40-44	42:42.4
258	Carol Prescher	Wabasha MN	2547	79	3:F 75-79	43:38.6
259	Ronald Schroeder	Winona MN	2338	77	1:M 75-79	43:43.1
260	Marian Green	Lakeville MN	2480	59	4:F 55-59	44:01.8
261	ELLA MOSIMAN		2481	0	14:F 0-12	44:01.9
262	Erick Tieva	Winona MN	2378	41	13:M 40-44	44:07.3
263	Myra Skare	Winona MN	2350	72	2:F 70-74	44:16.5
264	Cory Jansen	Trempealeau WI	2155	48	9:M 45-49	44:20.4
265	Steve Blue	Winona MN	2030	68	2:M 65-69	44:26.1
266	Suzie Kewatt	Winona MN	2172	38	16:F 35-39	44:29.8
267	Joy Spiten	Winona MN	2355	53	13:F 50-54	44:47.3
268	Kelly Dockter	Lewiston MN	2447	29	27:F 19-29	44:53.9
269	Tricia Klosky	Winona MN	2182	51	14:F 50-54	44:58.2
270	Khalid Al-Balawi	Winona MN	2004	26	30:M 19-29	45:02.9
271	David Pesch	Racine WI	2280	53	12:M 50-54	45:41.4
272	Sheryl Byom	Ettrick WI	2055	58	5:F 55-59	45:53.7
273	Monica Nelton	Winona MN	2255	44	20:F 40-44	46:25.8
274	Christina Biesanz	Winona MN	2027	37	17:F 35-39	46:26.5
275	Kiefer Neumann	Winona MN	2257	27	31:M 19-29	46:53.3
276	Justin Kewatt	Winona MN	2171	31	15:M 30-34	46:54.7
277	Dionne Davis	Winona MN	2440	40	21:F 40-44	46:55.9
278	Michael George	Trempealeau WI	2110	36	13:M 35-39	46:56.5
279	May shu	Onalaska WI	2348	34	14:F 30-34	49:02.9
280	Lanie Griffin	Houston MN	2119	10	15:F 0-12	49:04.1
281	Connor Robarge	Onalaska WI	2976	2	19:M 0-12	49:05.5
282	Justin Robarge	Onalaska WI	2314	34	16:M 30-34	49:06.5
283	Amy Mueller	Winona MN	2242	42	22:F 40-44	49:10.2
284	Metta Kuehntopp	Minnesota city MN	2576	35	18:F 35-39	49:28.5
285	Nancy Griffen	Winona MN	2118	48	5:F 45-49	49:31.7
286	Renae Kerrigan	Winona MN	2170	48	6:F 45-49	49:31.7
287	Shari Wagner	Winona MN	2394	56	6:F 55-59	49:34.7
288	Abby Roberts	Winona MN	2316	32	15:F 30-34	49:36.5
289	Patti Mueller	Winona MN	2245	61	3:F 60-64	49:45.5
290	Zooey Madigan	Winona MN	2556	7	16:F 0-12	49:56.3
291	Corey Goettelman	Winona MN	2113	42	14:M 40-44	50:08.2
292	Tim Henke	Winona MN	2138	38	14:M 35-39	50:09.2
293	John Stoen	Winona MN	2359	51	13:M 50-54	50:31.4
294	Emma Stoen	Winona MN	2358	16	3:F 15-16	50:31.8
295	Heidi Braun	Winona MN	2041	53	15:F 50-54	50:36.7
296	Jennifer Gander	Winona MN	2106	35	19:F 35-39	50:37.7
297	William Braun	Winona MN	2043	53	14:M 50-54	50:38.3
298	Emily Koeller	Winona MN	2184	37	20:F 35-39	50:46.1
299	Katie Larson	Winona MN	2201	27	28:F 19-29	50:46.5
300	Steven Thicke	Rochester MN	2375	55	11:M 55-59	51:10.8
301	Daryl Kerrigan	Winona MN	2169	49	10:M 45-49	51:11.5
302	Tiffany Brown	Rollingstone MN	2048	34	16:F 30-34	51:14.8
303	Holly Robinson	Winona MN	2317	44	23:F 40-44	51:16.9
304	Alyson Ilstrup	Trempealeau WI	2522	35	21:F 35-39	51:22.3
305	Allison Albrecht	Winona MN	2523	0	17:F 0-12	51:23.3
306	Abby Keeling	Winona MN	2538	35	22:F 35-39	51:24.8
307	Jeremy Johnson	Winona MN	2161	40	15:M 40-44	51:37.5

308	Katie Keller	Winona MN	2167	27	29:F 19-29	51:56.2
309	Olivia Keller	Winona MN	4699	2	18:F 0-12	51:56.2
310	Kyrie Keller	Winona MN	4931	9	19:F 0-12	51:59.8
311	Kelsey Carlson	Winona MN	2059	28	30:F 19-29	52:01.1
312	Laura Albrecht	Winona MN	2005	38	23:F 35-39	52:24.7
313	Allen Riedemann	Winona MN	2309	29	32:M 19-29	52:25.7
314	Shahil Shah	Winona MN	2344	34	17:M 30-34	52:31.5
315	Justice Freyre	Winona MN	2474	10	20:M 0-12	52:44.5
316	Dawn Papenfuss	Winona MN	2268	54	16:F 50-54	52:48.5
317	Kimberly Pettit	Winona MN	2290	32	17:F 30-34	52:49.7
318	Danielle Larson	Winona MN	2200	31	18:F 30-34	52:50.7
319	Heather Fransen	Winona MN	2463	31	19:F 30-34	52:51.5
320	Rosemary Webster	Winona MN	2936	2	20:F 0-12	52:51.8
321	Melissa Webster	Winona MN	2399	34	20:F 30-34	52:51.9
322	Charles Webster	Winona MN	2937	4	21:M 0-12	52:52.1
323	Paul Sampson	Winona MN	2334	63	7:M 60-64	52:53.2
324	Roseann Hurd	Trempealeau WI	2152	58	7:F 55-59	52:53.6
325	Katie Hubbard	Minnesota City MN	2146	38	24:F 35-39	53:17.4
326	Brooke Mlsna	Rushford MN	2239	31	21:F 30-34	53:18.7
327	Paris Lambert		2529	15	4:F 15-16	53:36.3
328	Lauren Koss	Mindoro WI	2513	16	5:F 15-16	53:36.5
329	Sandy Huber	Buffalo City WI	2147	54	17:F 50-54	53:40.3
330	Emily Swartling	Winona MN	2370	13	4:F 13-14	54:00.3
331	Chris King	Minnesota City MN	2178	56	12:M 55-59	54:47.9
332	Betty Adekola	Minnesota City MN	2002	44	24:F 40-44	54:50.1
333	Lourdes Capal	Winona MN	2057	74	3:F 70-74	56:08.5
334	lynae Hahn	Winona MN	2124	26	31:F 19-29	56:20.5
335	Jodi Eggert	Lewiston MN	2546	23	32:F 19-29	56:30.5
336	Elsa Kouba	Winona MN	2192	9	21:F 0-12	56:34.8
337	Nicole Danfield	Winona MN	2438	39	25:F 35-39	56:39.2
338	Allison Lee	Winona MN	2498	20	33:F 19-29	56:39.8
339	Bailey Bautch	Goodview MN	2020	23	34:F 19-29	56:40.1
340	Emily Kouba	Winona MN	2193	44	25:F 40-44	56:49.3
341	Tammy Engstler	Winona MN	2456	47	7:F 45-49	56:52.8
342	Cheryl Carr	Winona MN	2427	40	26:F 40-44	56:54.2
343	Julia Johnson	Winona MN	4934	10	22:F 0-12	56:54.8
344	Shana Johnson	Winona MN	2163	35	26:F 35-39	56:54.8
345	Jennifer Ngangaq	Winona MN	2260	39	27:F 35-39	56:55.2
346	Rachel Riggle	Winona MN	2310	32	22:F 30-34	56:56.1
347	David Rosendahl	Winona MN	2322	31	23:F 30-34	56:57.9
348	Maxine Li	Onalaska WI	2211	40	27:F 40-44	56:59.1
349	Scott Keller	Winona MN	2168	33	18:M 30-34	57:09.5
350	Julie Malesytcki	Galesville WI	2220	48	8:F 45-49	57:11.4
351	Kimberly Higley	Galesville WI	2142	45	9:F 45-49	57:12.6
352	Carrie Pohjola	Galesville WI	2293	46	10:F 45-49	57:13.3
353	Daniel Florness	1215 SPRIN	2471	**	22:M 0-12	57:14.3
354	Dan Florness	Winona MN	2462	55	13:M 55-59	57:15.2
355	Doni Polenz	Black River Falls WI	2294	45	11:F 45-49	57:15.8
356	Jennie Florness	Winona MN	2470	51	18:F 50-54	57:15.9
357	Kylie Davison	Winona MN	2441	22	35:F 19-29	57:18.7
358	Hailey Johnson	Winona MN	2160	22	36:F 19-29	57:18.7
359	Shannon Bautch	Winona MN	2021	49	12:F 45-49	57:27.3

360	Rachel Burfeind	Fountain City WI	2049	22	37:F 19-29	57:27.9
361	Leslie Swartling	Winona MN	2371	49	13:F 45-49	57:36.8
362	Alyssa Reed	Minnesota City MN	2307	30	24:F 30-34	57:37.9
363	Makayla Pesch	Racine WI	2282	19	38:F 19-29	57:39.9
364	Lori Pesch	Racine WI	2281	50	19:F 50-54	57:41.0
365	Kathy Rosendahl	Winona MN	2323	70	4:F 70-74	57:43.5
366	Kathy Weiner	Winona MN	2403	61	4:F 60-64	57:43.6
367	Gloria Miland	Eyota MN	2235	54	20:F 50-54	58:00.4
368	Lisa Maloney	Trempealeau WI	2221	53	21:F 50-54	58:24.4
369	Nancy Doerr	Trempealeau WI	2491	53	22:F 50-54	58:24.5
370	Asia Parkhurst	Trempealeau WI	2269	18	3:F 17-18	58:24.8
371	Gail Jansen	Trempealeau WI	2156	48	14:F 45-49	58:25.5
372	Wendy Suchla	Trempealeau WI	2365	49	15:F 45-49	58:25.7
373	Desiree Rieck	Winona MN	2308	24	39:F 19-29	58:30.9
374	Ryan Pelowski	Graham NC	2276	34	19:M 30-34	59:11.5
375	Sam Hjelmeland	Winona MN	2143	21	40:F 19-29	59:12.2
376	Christian Pelowski	Winona MN	2273	21	33:M 19-29	59:12.8
377	Joe Pelowski	Winona MN	2274	53	15:M 50-54	59:13.3
378	Owyn Pelowski	Winona MN	2275	4	23:M 0-12	59:14.4
379	Jeremy Harnisch	La Crosse WI	2131	40	16:M 40-44	59:16.8
380	Oliver Harnisch	La Crosse WI	2132	11	24:M 0-12	59:16.8
381	Alyssa Neyers	Lewiston MN	2259	26	41:F 19-29	59:17.5
382	Jennifer Harnisch	La Crosse WI	2130	40	28:F 40-44	59:18.3
383	Gavin Whillock	Trempealeau WI	2410	12	25:M 0-12	1:00:05.7
384	Pat Haessig	Winona MN	2123	71	5:F 70-74	1:00:16.3
385	Ellen Stolts	Winona MN	2361	41	29:F 40-44	1:00:37.2
386	Patricia LaRue	Minnesota City MN	2202	64	5:F 60-64	1:00:37.8
387	Amy Whillock	Trempealeau WI	2408	44	30:F 40-44	1:02:29.6
388	Charles Whillock	Trempealeau WI	2409	47	11:M 45-49	1:02:41.5
389	Paul Whillock	Trempealeau WI	2412	76	2:M 75-79	1:02:48.3
390	Diana Glidden	Trempealeau WI	2112	79	4:F 75-79	1:02:48.9