

2017 BK5k

Age Group Results

June 17, 2017

Female 10 and Under

Place	Name	City	Age	Overall	Total Time
1	Adriana Brenengen	Winona MN	10	51	23:05.9
2	Abby Williams	Winona MN	10	64	24:13.6
3	Kyra Kotsmith		10	111	27:37.1
4	Cassandra Boyum		10	163	31:36.8
5	Cait Wengel		8	167	31:49.9
6	Autumn Suffrins	Winona MN	9	193	34:33.1
7	Myla Voelker	robbinsdale MN	10	201	35:58.6
8	Aliya Gricius	Winona MN	9	233	41:12.4
9	Madilyn Gibbs		9	250	43:32.4
10	Aubrey Ebertowski		9	262	45:06.4
11	Lexi Ebertowski		10	264	45:12.3
12	Sophia Gricius	Winona MN	7	276	47:14.6
13	Nora Leger	Goodview MN	9	291	51:13.9
14	Evie Brooks		9	349	1:27:29.2

Female 11 to 12

Place	Name	City	Age	Overall	Total Time
***	Lauren Ping		12	13	19:01.9
1	Dezirae Dotterwick	Winona	12	172	32:59.5
2	Amy Remoticado	Winona MN	11	178	33:22.5

Female 13 to 14

Place	Name	City	Age	Overall	Total Time
1	Aubrey Williams	Winona MN	14	25	21:07.3
2	Ellie Glodowski	MN City MN	13	58	23:32.2
3	Anna Daood	St Charles MN	13	85	25:37.3
4	Grace Menke		13	104	27:09.4
5	Maile Gotzinger	Fountain City WI	13	130	28:55.5
6	Taylor Panzera		13	204	36:43.4
7	Francesca Schewe	Winona MN	14	211	37:49.9

Female 15 to 16

Place	Name	City	Age	Overall	Total Time
1	Kaylee Maker		15	77	24:59.3

Female 17 to 18

Place	Name	City	Age	Overall	Total Time
1	Sarah Broghammer	Winona	17	82	25:28.2
2	Olivia Klug		18	185	34:01.6
3	Ashlyn Friend		17	243	42:54.1

Female 19 to 29

Place	Name	City	Age	Overall	Total Time
1	Amber Uhlenhake	Stewartville MN	29	22	20:14.9
2	Haley Schultz	Winona	23	36	22:11.5
3	Courtney Doerr		21	93	26:14.1
4	Tiffany Bartz	La Crescent MN	29	101	26:52.1
5	Jana Longhini		26	119	28:01.5
6	Kate Dillon	winona MI	22	122	28:17.4
7	Chelsea Ziegler	Trempealeau WI	24	129	28:54.7
8	Kasi Johnson		27	133	29:01.6
9	Katie Lange		25	134	29:02.1
10	Erin Zoromski		24	140	29:30.7
11	Rachel Moser		26	147	30:01.6
12	Katie Marsolek		21	153	30:23.9
13	Megan Graf		23	155	30:46.6
14	Laura Marsolek		23	171	32:58.1
15	Anh Le		22	182	33:50.9
16	Christine Klug		25	184	34:01.4
17	Jeanna Sullivan		24	191	34:26.6
18	Chelsea Bambenek	Winona MN	25	208	37:23.9
19	Nicole Crocker		29	210	37:33.3
20	Amanda Heermans		21	213	38:06.3
21	Ruth Senum	Winona MN	29	218	38:27.4
22	Kasey Pomeroy		28	219	38:57.1
23	Mollie Brink	Winona	27	231	40:50.3
24	Danielle Schroeder		26	235	41:22.6
25	Miranda klonecki		26	237	41:48.2
26	Grace Marter	Winona MN	29	259	44:53.4
27	Shawna Schueler		24	268	46:00.4
28	Liz Nelson		25	270	46:03.4
29	Sapphire Lor	Onalaska WI	24	273	46:16.9
30	Ellie Hodson		28	286	50:21.2
31	Danielle Larson		29	290	51:09.7
32	Jam Hjelmeland		19	292	51:41.6
33	Kayla Lorenz	Buffalo City WI	27	306	55:00.6
34	Jodi Eggert	Winona	21	309	56:08.5
35	Erica Julson	Buffalo City WI	26	320	57:49.7
36	Mati Stanton		24	325	58:13.4
37	Kylie Davison	Winona MN	20	327	58:20.6
38	Hailey Johnson	Winona MN	20	328	58:20.7
39	Laura Pelowski	Winona MN	19	334	59:15.3
40	Katherine Adank		24	339	1:01:15.2
41	Terzah Rodgers		23	340	1:01:15.4
42	Betsy Jerbi	Goodview	23	342	1:01:51.2

Female 30 to 34

Place	Name	City	Age	Overall	Total Time
1	Cherie Johnson	Winona MN	30	15	19:06.6
2	Hannah Janus		31	17	19:22.9
3	Janneke Sobeck		31	26	21:22.1

4	Vikki Marsolek	Winona MN	33	30	21:33.1
5	Stacy Hill	Winona MI	31	34	22:07.8
6	Kelli Kim		33	41	22:42.9
7	Kelly Bartelson	Winona MN	31	46	22:56.6
8	Jenny Baertsch		34	78	25:01.1
9	Amblyn Reisetter	Winona MN	34	87	25:41.6
10	Janelle Laurent		34	92	26:03.6
11	Michelle Schammel	Winona MN	34	95	26:23.2
12	Amy Koch	Winona MN	33	96	26:23.6
13	Rachel Hines		30	106	27:12.3
14	Jennifer Gander	Winona MN	33	113	27:37.5
15	Laura Slavey	winona MN	34	116	27:54.1
16	Amy Wilma		33	117	27:59.3
17	Tiffany Calteaux		34	123	28:19.7
18	Ginny Virock		33	138	29:25.6
19	sally olson	winona MN	33	142	29:48.8
20	Coral Brevig	Altura MN	31	151	30:19.9
21	Amanda Job	Winona MN	31	169	32:21.6
22	Lindsey Fremstad		30	179	33:27.1
23	Erin Baldwin		31	186	34:14.6
24	Sarah Duffy	Fountain City WI	31	187	34:16.4
25	Cassandra Gudmundson		30	194	34:48.9
26	Brooke Tschumper		33	200	35:44.2
27	Jennifer Perusse		31	207	37:15.8
28	Danielle Daffinson		33	209	37:32.1
29	Sara Meska-Flatten	Winona MN	31	226	40:30.7
30	Tanya Breza		31	230	40:50.3
31	Megan Paulson		32	232	40:52.7
32	Metta Kuehntopp	Minnesota city MN	33	242	42:51.9
33	Beth Geldernick	Winona MN	33	280	48:42.7
34	Abby Roberts		30	287	50:44.7
35	Jessica Burns	Winona MN	30	304	54:53.8
36	Casey Pronschinske	Cochrane WI	32	305	54:58.8
37	Elyse OFlaherty	Winona MN	31	311	56:15.7
38	Esther Hill		32	315	56:19.7
39	Amber Rusert		33	323	58:08.6
40	Kim Pettit	Winona	30	326	58:17.4

Female 35 to 39

Place	Name	City	Age	Overall	Total Time
1	Jenny Grebin	Trempealeau	39	52	23:10.1
2	Christine Halvorson	Winona MN	39	86	25:40.6
3	Jen Quarberg		39	102	26:58.4
4	Carmen Carter	Winona MN	37	128	28:53.7
5	Erin Roche		35	137	29:16.9
6	Amy Jilk		39	141	29:46.9
7	Meredith Mihm	Winona MN	39	146	30:01.1
8	Heidi Vietor		36	160	31:07.6
9	Jess Weeden	Sparta WI	37	161	31:14.9
10	Angela Johannes	Winona MN	36	166	31:49.6
11	MELISSA LOR	WINONA MN	35	177	33:22.1

12	Emily Koeller	Winona MN	35	223	40:18.1
13	Jodi Voelker	Robbinsdale	39	229	40:46.8
14	Aleisha Leger	Goodview MN	39	234	41:14.3
15	Gretchen Pozanc	Winona MN	36	236	41:47.2
16	Kristel Celius	Winona MN	39	248	43:29.2
17	Misty Dulek	Minnesota City MN	38	254	43:50.1
18	Staci Gricius		37	282	48:51.4
19	Stephanie Piscitiello		39	285	49:41.8
20	Stephanie Singer	Winona MN	37	312	56:16.2
21	Nikki Johnson		35	316	56:56.2
22	Rev. Riggle		35	338	1:00:24.1

Female 40 to 44

Place	Name	City	Age	Overall	Total Time
1	Megan Ping	winona MN	40	16	19:14.9
2	Sarah Hunter	Hopkins MN	43	50	23:04.7
3	Nichole Menk		42	56	23:26.1
4	Melissa Hamsund	Winona MN	44	84	25:34.9
5	Erica Roberson		40	157	30:55.2
6	Laura Madsen	Fountain City WI	41	183	33:58.9
7	April Orzechowski	Dakota MN	41	189	34:17.1
8	Amy Gotzinger	Lancaster WI	42	198	35:07.9
9	Tanya Yender	Minnesota City MN	43	221	39:00.6
10	Monica Ordway		44	241	42:46.2
11	Kristy Tibor		42	253	43:49.5
12	Shannon Gotzinger	Fountain City WI	42	255	43:50.2
13	Lorie Ebertowski	Utica	40	265	45:12.6
14	Amy Mueller		40	267	45:59.5
15	Theresa Auman		40	272	46:13.8
16	Stacey Ploetz	winona MI	43	284	49:28.2
17	Kelli Wilson		43	289	51:09.7
18	Melissa Denzer		40	313	56:18.4
19	Nicole Schossow		44	321	58:01.4
20	Jayne Zane	SPARTA WI	42	322	58:08.4
21	Victoria Shultz		42	336	1:00:20.5
22	Tammy Neumann		43	350	1:29:23.2

Female 45 to 49

Place	Name	City	Age	Overall	Total Time
1	Sherry Brevick		49	27	21:23.6
2	Louise Stenberg	Winona MN	48	135	29:05.1
3	Amy Czaplewski	Rochester MN	45	156	30:50.1
4	Laurie Broghammer		47	159	31:01.3
5	Amy Macal		46	173	33:00.4
6	Janet Maker		47	214	38:07.7
7	Renaë Kerrigan		46	216	38:09.4
8	Lucille Dicen		47	247	43:02.7
9	Tara Schewe	Winona MN	48	317	57:29.9
10	Tammy Engstler		46	333	59:03.8

Female 50 to 54

Place	Name	City	Age	Overall	Total Time
1	Linda Williams	Winona MN	50	24	20:50.5
2	Nancy Buytendorp		51	62	23:44.6
3	Andrea Walski		53	196	34:52.8
4	Lori Thicke	Rochester	51	215	38:08.9
5	Ellen Eliason		50	222	39:17.8
6	Paula Ziegler	Trempealeau WI	50	225	40:24.2
7	Sandy Randall	Utica MN	52	260	45:01.1
8	Renee Marsolek		53	283	49:24.5
9	Yvonne Przytarski	Winona MN	54	288	51:07.8
10	Pauline Espe		52	296	53:12.2
11	Vicky Kamrowski	Fountain City WI	50	297	53:12.9
12	Joy Eggert		51	310	56:08.7

Female 55 to 59

Place	Name	City	Age	Overall	Total Time
1	Geri Quinlan	Winona MN	55	108	27:23.7
2	Emma Wade	Winona MN	58	244	42:56.9
3	Jennifer Schewe		58	251	43:42.8
4	Kim Hansen	Winona MN	58	261	45:01.4
5	Pam Degnan		58	299	53:44.2
6	Kimberly Rockwell		57	300	54:04.3
7	Deb Anderson	Winona MN	55	318	57:30.6
8	Patti Mueller	Winona MN	59	319	57:49.4
9	Kathy Weiner		55	332	59:03.7
10	Pamela Pelowski		55	345	1:03:58.1

Female 60 to 64

Place	Name	City	Age	Overall	Total Time
1	Laurie Nelson	Galesville	61	206	36:57.5
2	Deb Malay		60	220	38:58.4

Female 65 to 69

Place	Name	City	Age	Overall	Total Time
1	linda arnesen	winona	67	197	34:55.4
2	Carole Tomaszewski	Winona MN	67	263	45:11.3
3	Pat Haessig		69	308	55:54.5
4	Pam Lica		65	331	59:03.6
5	Marie Hurd	Winona MN	66	344	1:03:48.9

Female 70 and Over

Place	Name	City	Age	Overall	Total Time
1	Sandra Dalquist	Rochester MN	76	126	28:44.8
2	Anne Femister		73	170	32:49.1
3	Myra Skare		70	257	44:13.8
4	Carol Prescher	Wabasha MN	77	258	44:25.8

5	Vijayan Lakshmanawi		99	275	46:56.9
6	Lourdes Capal	Winona MN	72	294	51:51.4

Male 10 and Under

Place	Name	City	Age	Overall	Total Time
1	Jamison Ping	winona	9	9	18:50.7
2	Isaiah Menk		10	48	23:00.6
3	Kedrick Boucek	Winona MN	8	97	26:23.6
4	Jacob Quarberg	Winona MN	9	114	27:48.9
5	Colin Lande		10	132	29:00.8
6	Aaron Ploetz	winona MI	9	195	34:52.6
7	Van Voelker	robbinsdale MN	8	224	40:22.2
8	Justin Lande		8	239	42:42.9
9	jackson Leger		6	277	47:14.8
10	Ryan Pelowski		0	293	51:41.8
11	Jack Wilma		2	347	1:09:57.5
12	Unknown Partic. 4380			348	1:27:28.1

Male 11 to 12

Place	Name	City	Age	Overall	Total Time
1	Hale Madsen	Fountain City WI	12	72	24:49.4
2	William Tuttle	Winona MN	11	99	26:45.1
3	McKay Schultz	Winona MN	11	136	29:11.4
4	Aiden Orzechowski	Winona MN	11	188	34:16.6

Male 13 to 14

Place	Name	City	Age	Overall	Total Time
1	Cody Peterson		14	11	18:57.0
2	Grant Hamsund	Winona MN	14	32	21:50.1
3	Damian Jilk	Fountain City WI	13	60	23:32.6

Male 15 to 16

Place	Name	City	Age	Overall	Total Time
1	Axel Daood	St Charles MN	16	7	17:59.1
2	Mitchell Ploetz		15	8	18:27.1
3	Luke Broghammer	Winona	16	31	21:48.5
4	Andrew Hinz		15	57	23:26.4

Male 17 to 18

Place	Name	City	Age	Overall	Total Time
1	Andrew Brevick		18	12	18:58.0

Male 19 to 29

Place	Name	City	Age	Overall	Total Time
***	Elisha Kipruto		22	1	14:59.8
1	Brian Rivers	Winona MN	24	2	16:04.6

2	Jeffrey Quednow	Ogema	25	4	17:24.6
3	Tylor Jilk	Fountain City WI	20	5	17:38.9
4	Kyle Shearer	Winona MI	26	23	20:21.8
5	Sam Simataa	Winona MN	25	33	21:57.7
6	Daniel Hanson		28	43	22:52.9
7	Josh Fread		28	47	22:59.2
8	Shawn Gilbert Jr		21	53	23:12.8
9	Lucas Seaberg	Elko MI	24	55	23:25.2
10	Dorjee Dhondup	Winona MN	23	61	23:34.6
11	Joe Lee	St. Charles MN	28	65	24:13.9
12	Brad Paulson	Winona	28	68	24:35.4
13	David Dockter	Lewiston MN	28	81	25:23.1
14	nathan soranno	winona MN	21	90	26:01.2
15	taylor soranno	winona MN	22	91	26:01.7
16	Anuj Shrestha	Winona MN	28	94	26:19.4
17	Joel Schomberg	Winona	22	100	26:48.1
18	CHARAN PUTHUMBAKA	CINCINNATI	27	120	28:06.4
19	Rajesh Nagar		25	125	28:28.5
20	Nicholas Soranno		25	131	28:58.6
21	CJ Peck	Winona	29	139	29:29.1
22	Sudip Thapa	goodview	28	145	29:58.1
23	Mike Jensen	Winona MN	26	148	30:15.3
24	Tony Phum		28	150	30:18.8
25	Dang Ton	Winona	24	181	33:50.3
26	Tom Sula	Winona MN	28	190	34:17.1
27	Josh Kamrowski		29	203	36:01.9
28	Rafat Nasir	Winona	25	205	36:50.5
29	Justin Kewatt	Winona MN	29	212	37:58.4
30	Kyle Haedtke	Winona MN	29	227	40:33.7
31	Rama Bhamidipati		28	266	45:43.6
32	Tony Lor	Onalaska WI	24	274	46:16.9
33	Dallas McKern		23	279	48:18.3
34	Christian Pelowski	Winona MN	19	324	58:12.9
35	David Timmons	buffalo city WI	28	329	58:23.7
36	David Rosendahl		29	337	1:00:23.4
37	Americo Jim Paniccia		23	341	1:01:19.2
38	JOSH BERANEK		23	343	1:01:52.7

Male 30 to 34

Place	Name	City	Age	Overall	Total Time
1	Abe Wengel		34	3	16:06.0
2	Keegan Boucek	Winona MN	33	10	18:56.8
3	Alex Wicka	Winona MN	34	67	24:31.1
4	Brian Neuberger		30	69	24:40.6
5	Nathan Schultz		34	70	24:42.1
6	Mark Kennedy	Altura MN	32	75	24:53.8
7	Seth Flatten	Winona MN	30	76	24:57.1
8	Rob Grover		31	80	25:21.9
9	Michael Boysen	Winona MN	34	83	25:32.8
10	Hailong Shi	West Chester	34	105	27:10.7
11	Aaron Slavey	winona MN	34	115	27:53.8

12	Ian Hicks	Winona	31	121	28:17.1
13	Karl Feltes		32	154	30:45.4
14	Nic Hale		34	175	33:04.4
15	Pratik Singh	Winona MN	34	217	38:12.5
16	Andy Gander	Winona MI	32	238	42:00.8
17	John Geldernick	Winona MN	34	281	48:45.1
18	kyle harris		33	302	54:50.4
19	Luke Ledebuhr	Winona MN	33	303	54:53.7
20	Jonathan Pettit		31	330	58:23.9

Male 35 to 39

Place	Name	City	Age	Overall	Total Time
1	David Gilmer		39	6	17:46.4
2	Jason Fremstad		39	35	22:10.9
3	arnel Remoticado	Winona MN	36	42	22:44.3
4	Ben Leger	Goodview MN	39	73	24:51.9
5	Dan Piscitiello		36	109	27:28.4
6	Mark Kotsmith		36	112	27:37.1
7	Kiran Punjabi	Winona MI	35	152	30:21.5
8	Andrew Civettini		37	162	31:30.4
9	Oliver Sternberg	Winona MN	38	176	33:06.1
10	Patrick Stongloin		36	180	33:36.1
11	Lance Voelker	Robbinsdale MN	39	202	36:00.9
12	Bryan Lande		38	240	42:43.1
13	Pavan Yadavalli		35	252	43:49.1

Male 40 to 44

Place	Name	City	Age	Overall	Total Time
1	Bryan madsen	Fountain City WI	44	18	19:31.1
2	Lucas Stangl	Winona MN	40	21	20:08.8
3	Matt Cyert	Winon MN	42	28	21:28.2
4	Brian Menk		41	54	23:14.5
5	Jim Jilk		40	59	23:32.6
6	John Ngugi	Winona MN	40	66	24:22.4
7	Lance Thill		42	143	29:50.8
8	Todd Wojchik		40	158	30:55.6
9	Tara Suffrins		42	192	34:32.9
10	Melvin Salvador	goodview MN	44	246	43:01.9
11	Michael Denzer		44	314	56:18.5

Male 45 to 49

Place	Name	City	Age	Overall	Total Time
1	Matt Lindaman		47	19	20:05.6
2	Mike Grant		48	39	22:26.6
3	Eric Falls	Winona MN	45	40	22:27.9
4	Doug Johnson	MN Clty MN	47	44	22:54.1
5	Jeff Kronebusch	Winona MN	48	63	23:50.3
6	Matt Barnholtz		48	74	24:53.1
7	Jeff Daood	St. Charles MN	45	98	26:26.5

8	Kevin Menke	Winona MN	47	107	27:14.4
9	Eric Umali		49	245	43:01.9
10	Randy Schroeder	Winona	49	249	43:31.6
11	Thomas Gotzinger	Fountain City WI	47	256	43:50.5
12	Daryl Kerrigan		47	269	46:01.2
13	Bob Hurd	Winona	45	301	54:08.7

Male 50 to 54

Place	Name	City	Age	Overall	Total Time
1	william suffrins		53	20	20:08.4
2	Tim Beirne		51	37	22:12.5
3	Mark Polodna	Winona MN	54	38	22:20.8
4	Tom Smart		52	88	25:44.1
5	Jeff Kasimor	St Paul	53	89	25:56.9
6	Phil Klemp	Winona MN	50	103	26:58.6
7	Jeff Kohner		50	118	28:01.3
8	John Gappa	Peterson MN	51	124	28:21.1
9	Wayne Stenberg	Winona MN	50	164	31:38.3
10	Tim MacAl		50	174	33:01.4
11	Steve Thicke	rochester	51	271	46:03.7
12	Chris King	Winona MN	54	307	55:37.4

Male 55 to 59

Place	Name	City	Age	Overall	Total Time
1	Bob Quinlan	Winona MN	56	79	25:11.6
2	Pat Wagner	Lansing IA	57	127	28:53.1
3	Rick Rockwell		59	298	53:43.5
4	scott pelowski	graham NO	59	346	1:03:59.4

Male 60 to 64

Place	Name	City	Age	Overall	Total Time
1	Jerry Wille		60	14	19:05.8
2	Randy Nordheim	Waukon IO	61	29	21:30.4
3	Bill Carter	Winona MN	62	45	22:55.9
4	Gary Koop		63	71	24:43.4
5	Dave Korder	Winona MN	63	110	27:35.9
6	Mike Martin	Winona MN	61	228	40:45.8
7	Tom McGowan	winona	64	295	53:00.2
8	Rick Pelowski	Winona MN	60	335	59:15.5

Male 65 to 69

Place	Name	City	Age	Overall	Total Time
1	Jerry Lawson	Winona MN	69	49	23:02.3
2	Ken Mogren		68	149	30:18.8
3	Bill Keiper	Winona MN	65	278	48:17.3

Male 70 and Over

Place	Name	City	Age	Overall	Total Time
1	Mike Rivers	Winona MN	71	144	29:51.8
2	Ronald A. Schroeder	Winona MN	75	165	31:42.1
3	Gordy Strickland	Rochester MN	70	168	32:00.6
4	Eric Bartleson		72	199	35:31.8