
13th Annual BK 5K Race Results
09:00 A.M. Saturday, June 22nd, 2013

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Women Overall		
1	Hannah Gegev	Coon Rapids, MN 16:34
2	elizabeth Yetzer	lakeville, MN 16:59
3	Valerie Hubbard	Onalaska, WI 17:44
Men Overall		
1	Elly Sang	Coon Rapids, MN 14:27
2	Richard Kandie	Coon Rapids, MN 14:33
3	Matthew Chessang	Ft. Riley, KS 14:39
Girls 10 & under		
1	Grace Ping	Winona, MN 19:36
2	Lauren Ping	Winona, MN 22:49
3	Ellie Glodowski	Minnesota City, MN 26:58 (Personal Record)
Boys 10 & under		
1	Karter Domine	Fountain City, WI 25:25
2	Samuel Fitterer	Lake City, MN 26:28 (Personal Record)
3	Daniel "Lars" Florness	Winona, MN 28:14
Girls 11-12		
1	Alyssa Rauk	Pine Island, -- 23:51
2	Arielle Nance	Winona, MN 29:50
3	Hannah Biesanz	Winona, MN 31:08
Boys 11-12		
1	Conrad Domine	Fountain City, WI 22:48 (Personal Record)
2	Jonas Tromletta	Winona, MN 23:29
3	Nicholas Gunter	Eyota, MN 24:15 (Personal Record)
Girls 13-14		
1	Karen Scharlau	Fountain City, WI 22:32
2	Kaelen Bailey	Minnesota City, MN 23:53
3	Anna Frisch	Lewiston, MN 25:43 (Personal Record)
Boys 13-14		
1	Oliver Hamilton	Winona, MN 21:19
2	Yusef Almatrok	Winona, MN 21:23
3	David Florness	Winona, MN 24:38
Girls 15-16		
1	Katalina Stai	Winona, MN 22:24
2	Emelia Schindeldecker	Rollingstone, MN 25:26
3	Kylie Webb	Lewiston, MN 29:40
Boys 15-16		
1	Hunter Bailey	Minnesota City, MN 16:17 (Personal Record)
2	Braydon Johnson	Winona, MN 18:07
3	Noah Hamilton	Winona, MN 19:33
Girls 17-18		
1	Meghan Barum	Fountain City, WI 25:14
2	Lasha Lemire	Fountain City, WI 30:26 (Personal Record)
Boys 17-18		
1	Dray Schreiber	Buffalo City, WI 19:04
2	Cody Harris	La Crosse, WI 19:26 (Personal Record)
3	Nathan Soranno	Winona, MN 23:50 (Personal Record)
Women 19-29		
1	Jannelle Quick	Winona, MN 20:29
2	Caitlin Courtney	Winona, MN 22:22 (Personal Record)
3	Ashley Held	Stevens Point, WI 22:40
Men 19-29		
1	Edwin Some	Coon Rapids, MN 14:42
2	Festus Kigen	Coon Rapids, MN 15:02
3	Jon-michael Brandt	Winona, MN 15:47
Women 30-34		
1	Amblyn Allen	Winona, MN 20:00 (Personal Record)
2	Lisa Truax	Winona, MN 21:02
3	Abby Riewe	Winona, MN 23:20 (Personal Record)
Men 30-34		
1	Narayan Paudyal	Winona, MN 18:04 (Personal Record)
2	Matt Biesanz	Winona, MN 20:51
3	Daniel Ewing	Winona, MN 22:09 (Personal Record)
Women 35-39		
1	Megan Ping	Winona, MN 17:59
2	Sarah Hunter	Goodview, MN 22:21 (Personal Record)
3	Lori White	Rochester, MN 23:58
Men 35-39		
1	Ryan Ping	Winona, MN 16:36
2	David Gilmer	Winona, MN 17:41
3	Nate Baures	Winona, MN 19:24
Women 40-44		
1	Amy O'Keefe	Maple Grove, MN 20:16
2	Camie Hughes	Winona, MN 23:24
3	Stephanie Harmon	Winona, MN 25:27
Men 40-44		
1	Matt Wenthe	Galesville, WI 20:43
2	Doug Johnson	Minnesota City, MN 21:17
3	Josh Vaughn	Winona, MN 21:33

Women 45-49			
1	Lisa Mullen	Winona, MN	23:31
2	Lynda Miner	Winona, MN	26:34
3	Patty Omoth	Winona, MN	27:08
Men 45-49			
1	Ditlev Larsen	Winona, MN	16:50
2	Bill Suffrins	Winona, MN	19:25
3	Bill Pringle	Winona, MN	20:08
Women 50-54			
1	Roxanne Ready	Winona, MN	22:52
2	Carol Speltz	Winona, MN	25:45 (Personal Record)
3	Deedee nadeau	Winona, MN	25:46 (Personal Record)
Men 50-54			
1	Mike Gjere	Lanesboro, MN	18:29
2	Tedd Morgan	Winona, MN	20:36
3	Donny Nadeau	Winona, MN	21:53 (Personal Record)
Women 55-59			
1	Debbie Kohner	Winona, MN	28:06
2	Nina Bren	Chatfield, MN	28:49
3	Diane Bohn	Winona, MN	35:00
Men 55-59			
1	Bill Carter	Winona, MN	22:04
2	Douglas Boerboom	Barnum, MN	24:05
3	Corey Schaub	Winona, MN	25:10
Women 60-69			
1	Jean Schreiter	La Crosse, WI	26:17
2	Rosemary Harnly	Red Wing, MN	28:13 (Personal Record)
3	Nancy Greden	Altura, MN	28:33
Men 60-69			
1	Bob Benedum	Amery, WI	19:17
2	Jerry Lawson	Winona, MN	22:08
3	Jack Wera	Winona, MN	25:33 (Personal Record)
Women 70 & over			
1	Sandra Dalquist	Rochester, MN	27:12
2	Carol Prescher	Wabasha, MN	37:30 (Personal Record)
3	Barbara Brandon	Winona, MN	53:53
Men 70 & over			
1	Ronald Schroeder	Winona, MN	28:22
2	Tim Chance	Saint Louis, MO	32:44
3	Bert Mohs	Winona, MN	35:43